

Autumn
2016

FREE

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Update on Forge Stores

Grundisburgh's Forge Stores is under offer. The potential purchaser currently runs a village shop near Stowmarket, where he lives with his young family.

Current owner, Justin Denny, intends to return to the engineering business in which he originally trained. His mother Maureen Hyde, who ran both the post office and Forge Stores for many years, was fully behind this move before she sadly died in July (see tributes on page 4). The post office was closed for a short while after her death until the licence could be transferred into Justin's name.

Nicola Hobbs

SUPERFAST BROADBAND?

The Carlford Benefice, comprising the parishes of Ashbocking, Boulge, Burgh, Clopton, Grundisburgh, Hasketon, Otley and Swilland, could soon have a superfast broadband service that would be the envy of even the most connected city!

But it needs more people to contact County Broadband, the chosen operator, to ensure that our scheme can go ahead. County Broadband, an

established local company, is planning to deliver a high speed broadband service to aeriels on houses using a signal distributed from our churches. This overcomes the issues experienced by many of us in the benefice who are unable to get a decent broadband service over copper telephone lines.

This new service offers many advantages over traditional ones, including very high upload and download broadband speeds and cheaper telephone calls! In fact, because there are no line rental charges with the County Broadband service, the overall costs are lower than those of traditional telephone and broadband packages.

Nearly 200 people attended the presentations in Grundisburgh and Otley Village Halls in June and we are now appealing to those in our area who have not yet done so to contact County Broadband either by phone on 01376 562002, by email: info@countybroadband.co.uk or online at

www.countybroadband.co.uk, to find out more. Or it is unlikely that the scheme can go ahead.

Clive Willetts

Expansion proposals

Feelings are running high in Playford, Little Bealings and Rushmere about neighbouring Kesgrave Town Council's proposals to increase its boundaries into their parishes as part of its Neighbourhood Plan.

The decision rests with Suffolk Coastal District Council. However local parish councillors are strongly opposed to the idea; residents attending local meetings expressed fears of 'development creep' and anger at the lack of consultation. For further information on the proposal go to: <http://www.eastsuffolk.gov.uk/planning/neighbourhood-planning/neighbourhood-areas/kesgrave-neighbourhood-area/>

Nicola Hobbs



Installation of an inspection chamber for surface water drainage in Ipswich Road, Grundisburgh, part of the major work which has led to its temporary closure.

On behalf of Hopkins Homes, Simon Bryan apologises for the inconvenience being caused by the road closure. "The work will allow essential new sewer connections to be completed to the new homes and new village hall. A complete road closure was assessed to be the only safe option available. This will be completed by Monday 29 August" he said.

The sales launch of the first phase of properties will be held at Savills Ipswich office on Saturday 3 September between 9am and 1pm.

Summer has seen many events taking place in villages in The News area, including Charsfield's Charsfest (right). More photos on centre pages.



News Diary

AUGUST

Monday 29

Fun Day & Car Boot Sale Gr
Football Club GrPF 1pm.
Contact 735377

SEPTEMBER

Thursday 1

Harvest Supper/Gus Kitson
Talk GrWI BCR 7.30pm
Contact 735838

Friday 2

Ashbocking Coffee Morning
Chez Onze, The Green
10.30am Contact 890836

Saturday 3

St Mary's Grundisburgh
Church Fete GrVG 2pm
Contact 735775

Saturday 3

Safari Supper Tuddenham
iao St Elizabeth's Hospice
Contact 785272

Monday 5

Cambridge College Gardens
Otley & District Gardening
Club Otley VH 7.30pm
Contact 890563

Tuesday 6

Baby Cafe St Mary's
Grundisburgh GrPR
9-10.30am Contact 735183

Friday 9

North East India Talk by Bill
Baston 2nd Friday Hasketon
VH 7.15pm PBE Contact
735579

Saturday 11

Harvest Festival and Lunch
iao St Martin's Church
Tuddenham VH 12.45pm PBE
Contact 785272 or 785682

Tuesday 13

My Quilts Talk by Pippa Moss
Tuddenham WI
Tuddenham VH 7.30pm
Contact 210905

Friday 16

Smuggling in Suffolk in Past
Times Talk by David Newman
Clopton VH 7.30pm Contact
737602

Saturday 17

Ceilidhs on the Move with

the Proper English Dance
Band Clopton VH 7.30pm
Contact 01394 383329

Tuesday 20

Building a Country House in
Suffolk Talk by Alan Mackley
Gr Local Hist Soc PR 7.30pm
Contact 738195

Wednesday 21

Suffolk Family Carers
Carlford Network Group GrPR
2.30pm Contact 735098

Friday 23

Autumn Quiz Charsfield VH
7pm Contact 737701

Saturday 24

Summer Outing to Beth
Chatto's Garden Otley &
District Gardening Club
Contact 890563

Saturday 24

Stringfillies Bredfield VH
7.30pm PBE Contact 07546
480626 or Village Shop

Saturday 24

MacMillan Coffee Morning
Fynn Valley Farm, Main Road
Tuddenham 10am Contact
210519

OCTOBER

Saturday 1

Grundisburgh Coffee
Morning GrPR 10.30am
Contact 735775

Saturday 1

Harvest Supper St Mary's
Church Grundisburgh GrVH
PBE 7pm Contact 735183

Monday 3

Gardener's Question Time
Otley & District Gardening
Club Otley VH 7.30pm
Contact 890563

Tuesday 4

Baby Cafe St Mary's
Grundisburgh GrPR
9-10.30am Contact 735183

Thursday 6

Forty Years at the Forge Talk
by Mary Moore GrWI BCR
7.30pm Contact 735838

Friday 7

Ashbocking Coffee Morning

Harvest House, The Green
10.30am Contact 890836

Sunday 9

The Big Breakfast Charsfield
VH 9am-12noon Contact
737701

Tuesday 11

Great Ormond Street
Hospital Talk TuddenhamWI
Tuddenham VH 7.30pm
Contact 210905

Friday 14

Henstead Exotic Garden
Talk by Andrew Brogan 2nd
Friday Hasketon VH 7.15pm
PBE Contact 735579

Saturday 15

Pumpkin Festival 1st
Grundisburgh Guides GrVG
12-3pm Contact 735044

Saturday 15

Rock n Roll Evening with Ed
gasket and the rockers
Charsfield VH 7.30pm
Contact 737701

Saturday 15

Ceilidhs on the Move with
the Harbour Lights Band
Clopton VH 7.30pm Contact
01394 383329

NOVEMBER

Tuesday 1

Baby Cafe GrPR 9-10.30am
Contact 735183

Thursday 3

AGM and Beetle Drive Gr
WI BCR 7.30pm Contact
735838

Friday 4

Ashbocking Coffee Morning
2 Millfield 10.30am Contact
890836

Saturday 5

Grundisburgh Coffee
Morning GrPR 10.30am
Contact 735775

Monday 7

Who Dares - Prunes! Otley
& District Gardening Club
Otley VH 7.30pm Contact
890563

Tuesday 8

AGM and Games
Tuddenham WI
Tuddenham VH 7.30pm
Contact 210905

Friday 11

Poetry and Songs with Erik
Punaks 2nd Friday Hasketon
VH 7.15pm PBE Contact
735336

Saturday 12

Fireworks Event iao
Grundisburgh Scout Group
GrPF Gates open 4.30pm For
tickets Contact 735352

Wednesday 16 to Sunday 20

Grundisburgh Cribfest and
Madonna and Child St
Mary's Church Grundisburgh
10am-5pm Group visits in
evening by arrangement
Contact 735183

Saturday 19

Ceilidhs on the Move with
Skylarking Clopton VH
7.30pm Contact 01394 383329

DECEMBER

Thursday 1

Christmas Songs and Poetry
led by Erik Punaks GrWI
BCR 7.30pm Contact 735838

Friday 2

Ashbocking Coffee Morning
Hawthorns, The Green
10.30am Contact 890836

Friday 2

Upbeat! Christmas Concert
St Mary's Church
Grundisburgh 7.30pm Contact
735853 or 07834 984591

Saturday 3

Upbeat! Christmas Concert
Tuddenham VH 7.30pm
Contact 785682

Key to abbreviations:

PBE - pre-booking essential
P/VH - Parish/Village Hall
PR - Parish Room
PF - Playing Field
VG - Village Green
BCR - Baptist Chapel Room
BSR - Burgh School Room
Gr - Grundisburgh

**All codes are 01473 unless
given otherwise.**

Brief details of events with
**date, name of event, venue,
time, contact phone number
and if tickets need to be
bought in advance** should be
sent by 2 November for the
next issue to Ingrid McIvor,
21 Thomas Wall's Close
Grundisburgh IP13 6XB,
diary@grunews.com.

**The diary was introduced to
promote planned events and
to help organisers avoid
clashes of future events.**

Please send details up to a
year in advance for inclusion
in the website diary:
www.grundisburghnews.org.uk

**GENERAL PLUMBING
BATHROOMS, SHOWERS, ETC.**

**Contact KEN FRAY
Tel: CULPHO (01473) 738190**



StringFillies play music from Hebrides to Hungary

The StringFillies - Xenia Horne (harp and voice), Hattie Bennett (cello) and Emily Bennett (violin and voice) - were formally launched at Folk East 2015 although the three musicians have played together for many years. The trio have gathered music from the Hebrides to Hungary for their performance in Bredfield.

In aid of Bredfield Village Hall, this takes place in the hall on Saturday 24 September between 7.30 and 10pm. There will be a licensed bar and snacks. Tickets cost £10 and are available from Sarah Rayner 07546 480626, Anne Henderson 01473 737605 or Bredfield Village Shop.

Baby Cafe

There is a baby boom across our parishes at the moment and we felt it would be good to give mums/dads/carers, together with their babies and toddlers, a space to meet; it can be a lonely time, stuck at home. So come and join us at our Baby Café.

From 6 September, this will be held on the first Tuesday of each month between 9am and 10.30am in Grundisburgh Parish Room. There will be child friendly toys and free tea/coffee and biscuits. There is plenty of buggy parking space and cars can be left in the lane in front of the church.

Canon Rev Clare Sanders

Reading poetry

I hope to start a group of like minded poetry lovers, who would join me in reading the work of numerous poets, favourites and perhaps lesser known individuals. We plan to meet at my Grundisburgh

home on Monday afternoons twice monthly between 2.30 and 4.30pm, starting on 19 September.

We offer a warm welcome, lively discussion, tea and biscuits. All welcome, a great way to tackle the dark winter months? Please contact me.

Anne Ledgely, 01473 735953

Anne has already initiated a Shakespeare group to meet on Wednesday mornings between 10.30 and 12.30pm. So far she has five people interested but would welcome more. The first meeting is on 28 September.

Fete on The Green

Grundisburgh's annual church fete takes place on Saturday 3 September - on The Green, in St Mary's churchyard and in the church. Attractions will include a repeat of the teddy bear zip wire from the tower which proved so popular last year. There will also be traditional

games, teas and cake and the opportunity for local craft makers to sell their work. Start time is 2pm.

Robert Fletcher, 01473 735775

A joint meeting on care

A special session arranged jointly by the Carlford Benefice Group and the Grundisburgh-based 'Dementia Carers' Group will take place on Wednesday 21 September, at 2.30pm in Grundisburgh Parish Room.

It is particularly designed for people caring for someone with memory loss, dementia or physical disability and those who feel it could be a future call on their life. It will provide a chance to hear of the support Suffolk Family Carers can offer and to meet Kirsten Alderson, their CEO.

Canon Rev Clare Sanders



Celebrating pumpkins

Games, refreshments, competitions ... all involving pumpkins. This is on the menu for the 2016 Pumpkin Festival, now run by 1st Grundisburgh Guides and Brownies.

The event takes place on Grundisburgh Green on Saturday 15 October between

12 and 3pm. There will be competitions for carving pumpkins and for the 'biggest, smallest, ugliest and most perfect' pumpkins, and many other activities. All proceeds will go to support activities run by the guides and brownie groups.

Debbie Richards, 01473 735044, deb290478@hotmail.co.uk,

A fun day

The annual Fun Day and Car Boot Sale run by Grundisburgh Football Club is on Bank Holiday Monday, 29 August. We have lots organised - donkey rides, majorettes, inflatable assault course, fairground merry-go-round, Punch & Judy, magic and children's races, barrel organ, stalls including crafts and plants, BBQ and ice-cream - and much more.

This all takes place on Grundisburgh Playing Field between 1pm and 5pm. Car boot setting up starts 11am, with no pre-booking.

Beverley Trenter, 01473 735377

Planning ahead

Grundisburgh Village Show is booked for 15 July next year and the planning begins with the horticultural society's agm on Wednesday 7 September, 7.30 in the parish rooms. This will be an opportunity to drink a glass or two of wine with us to celebrate the success of this year's show, to exchange ideas about 2017 and to make suggestions.

Nicola Hobbs, 01473 738267



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NEWS TRIBUTES

Ettie Fox, January 1922 to May 2016

Ettie Fox was an extremely popular member of the Otley village community. She originally moved to the village from Framsdon 50 years ago and, after losing her husband in 1969, began work at Swiss Farm as a housekeeper and was also caretaker of Otley



Village Hall. Both roles she continued for many years.

She was heavily involved in village activities, including the

Mother's Union and the Women's Institute, and took up bell ringing in later life, where she became President of Otley St Mary Handbell Ringers. Bell ringing became an important part of her life.

Ettie loved nature and the outdoors and for many years kept a beautiful garden and grew her own vegetables. She also loved to walk around the village and took a daily afternoon stroll around Otley up until the end of 2015, when it became more difficult for her. Her regular appearance and her involvement in many of the village groups made her a popular figure in Otley and the high attendance at her funeral was testament to that.

Above all, family was closest to Ettie's heart, and she was thrilled that a photo of her with five generations of her family appeared in the spring edition of The News. Although her relationship to me was

'only' as step-great-grandma, I always thought of her as 'Little Nan'. For a lady of tiny stature, she had an enormous heart.

Tanya Fosdick

Major Denny Thorpe, December 1920 to May 2016

Major Denny Thorpe was born at Grundisburgh Corner, before the family moved to Stoney Road in 1934. Major's mum died shortly, so he was brought up by his sister Ivy Dunnett, and the house where they lived is still in the family today.

He was called up into the Army at 19 and joined the Royal Engineers, first in North Africa and then in Italy, where he met his wife Anna. They



married in 1945, and lived in Ipswich, where their only son was born, moving to Rome, where they had 70 years of happy marriage.

His nephew (Doug Thorpe) and niece (Elizabeth Smith) kept in regular contact with telephone calls.

Edited from information supplied by the family

Ben Ottaway, January 1924 to July 2016

Ben was born in Easton, where his father worked at what is now Easton Farm Park. The family moved to one of the cottages at Pound Corner in Grundisburgh when his father got a new job as a

cowman with Lord Cranworth in 1928.

Ben's first job was as a gardener for Lord Cranworth. When the war came Ben was called up, becoming one of the Chindits who were dropped 200 miles behind Japanese lines in the jungles of Burma. Their mission was to disrupt enemy communications, blowing up bridges. Ben was in charge of a mule carrying the petrol for the generator to run the radio. Although not involved in much fighting, the task was gruelling and many succumbed to disease and exhaustion. Of the 500 men who started, only 80 made it back to allied territory.

When he returned home Ben worked on the roads for Jackson Group and helped lay the road in Post Mill Gardens. He married Edna Fitch from the Sun Public House (now Crest Cottage) and built their home 'Wesley' in Half Moon Lane. Ben was a keen cook,



even when on his own after Edna died, and he loved his garden. The products of this often won prizes at the flower show. He was also a strong supporter of Grundisburgh Football Club.

Nicola Hobbs, based on information from Colin Grimwood



Maureen Hyde, February 1944 to July 2016

Maureen was born in Stonham Aspal and enjoyed a childhood on the family farm. Her first job was at Barclays Bank and during this time she became a keen Young Farmer.

In 1966 Maureen became a farmer's wife moving to Hundon in West Suffolk. Two daughters Paula and Julie were born and she became an active member in the WI. Later she moved to Norfolk selling her own produce in their farm shop and had Suzanne and Justin. In 1981 Maureen bought the Post Office stores in Grundisburgh where Andrew was born.

When Oakenfull's newsagents came up for sale Maureen grasped the opportunity to expand her business. She renamed it The Olde Forge Stores and added Hydes cards & crafts to the Post Office. She loved sourcing cards and gifts to sell. Maureen was often seen whizzing up and down the road between the two businesses or out on paper rounds.

In 2009 Maureen and her sister bought their family farm in Stonham Aspal which they renovated and ran a successful bed and breakfast business.

When not working Maureen dedicated her time to her family and was 'Super Gran' to her nine grandchildren. She was a great cook and loved gardening, getting ideas from the Chelsea Flower Show. She enjoyed trips to the beach, theatre, Snape Proms and travelled extensively, every year visiting her daughter in New Zealand. Despite being ill she was determined never to give up and lived life to the full right up until the end.

Suzanne Denny-Pickess

The fuller versions of the News Tributes can be seen in Grundisburgh Post Office and on The News website: www.grundisburghnews.org.uk

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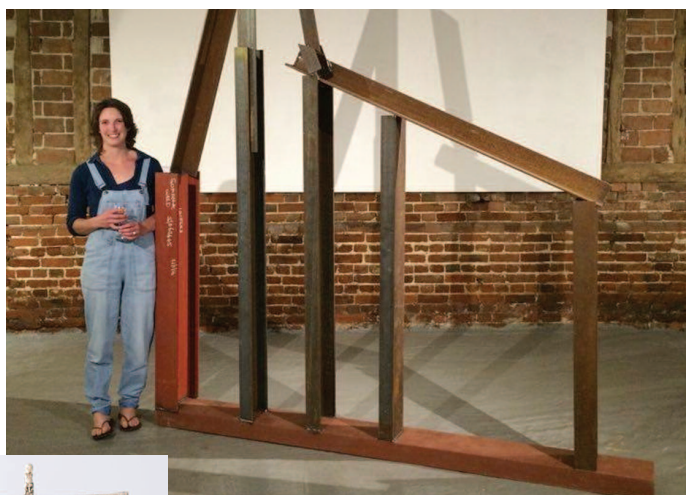
Tel 01473 890310

Sarah Pirkis, sculptor

Sarah Pirkis of Hasketon is helping to set the contemporary agenda in the world of sculpture. After completing a BTEC in Fine Art in Norwich she became an assistant at The Butley Mills Foundry. The noise, dust and industrial feel captured her straight away and her passion flared.

After nearly 10 years she has recently moved to a new studio at West Hill Farm, Brandeston, where she has been busy making all the equipment for the foundry including a kiln, furnace, gas burners, lifting shanks and tongs. Working with the equipment inspired her to make some new sculptures, welding together offcuts.

Sarah also casts her own work in bronze using a method called Investment Casting which has changed



Sarah at her Alde Valley Festival solo show



little in 5000 years. Most of the sculptures are made in wood or wax then covered in a mixture of plaster

and grog. They are then put in a gas kiln for four or five days in which the wax or wood burns out of the moulds leaving a hollow shape of the sculpture inside. The bronze is then poured in. The moulds

are broken open with an axe and the sculptures cleaned using power tools, angle grinders, chisels and sandpaper. Often a sculpture is cast in many different parts then welded together.

What Sarah loves about making a sculpture and casting is that there are so many different aspects she never gets bored. There is a cycle of creating, investing, kiln, pouring bronze, and finishing, with each aspect taking up to a week to complete.

Balance, proportion and scale are important too and Sarah

has learnt to assess when something needs changing maybe with a tiny twist or a change of angle and most importantly knows when to stop.

A solo show at the Alde Valley Spring Festival exhibited a range of small bronzes and some large 3 metre x 2.5 metre steel sculptures. Her next show called Beginnings and Ends is being held at Mandells Gallery, Norwich, until 27 August.

Sarah also organizes Casting and Material exploration classes for practising artists, exploring ideas and working with new materials and learning the casting process.

A catalogue of work is available in PDF form or hard copy for anyone who would like one. She can be contacted sarahpirkis@hotmail.co.uk,

Jenness Proctor

Sarah grew up in Debach where her parents Jonathon and Kate Pirkis farm. She is married to Jack Pynn whose work as a tree surgeon which featured in the spring issue of The News. They have a two year old son, Chester.

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Local Enterprise

Beauty in Burgh

When I was asked by the editor whether I would like a free beauty treatment as long as I wrote about it and Elysium Beauty, it took me about 0.5 seconds to say "Yes"! I quickly arranged to have a facial with proprietor, Clare Fewings. It was a new experience for me.

I presented myself at Snowdrop Cottage, Burgh Corner, feeling slightly nervous. But Clare quickly put my fears at rest as she explained what was going to happen as well as the products used. Before the facial started, I had to fill in a short medical questionnaire. Then I was asked to inhale a blend of essential oils to relax me. Next came cleansing with an enzyme peel which incorporated plant enzymes to digest dirt and dead skin cells. After a short while, Clare used a toning spray to refresh my skin and remove the cleansing product. Then came the skin diagnosis where she felt and looked at my skin for various skin conditions and to ascertain its texture to choose the best facial for me.

After this was the deep tissue massage which was wonderful and lasted 10-12 minutes. This was so relaxing! The purpose of it to stimulate blood supply to the skin and drain toxins.

I was woken up by being sprayed again with the toner and the cream was removed. Then Clare put a face mask on to reinforce and strengthen my delicate skin. After 10 minutes this came off with warm water and sponges and a final spritz of toner.

The last step was a moisturising cream. Then, sadly, the facial was over and I was left to wake up in my own time. The whole enjoyable experience lasted an hour and after looking in a mirror, my skin looked amazing as well as feeling really soft – the best it's been for ages!

Clare always finishes by giving her clients a pack of samples of the products used and gives advice for future treatments. She uses Comfort Zone products which are plant-based containing plant extracts, marine elements and essential oils, are not tested on animals and have no parabens or harsh chemicals in them.



Clare has lived in Burgh for just over four years, moving from Martlesham because she wanted a more rural life. Leaving school at 16, Clare worked in an office, but had always been

interested in beauty and fashion, so when she saw the new beauty therapy course at Suffolk College being advertised, she jumped at the chance. She qualified in 1988 with a City and Guilds.

She then started her own mobile business with the help of Ipsenta. Through this she represented East Anglia and the Prince's Youth Business Trust, at a special celebration to mark the 40th birthday of the trust's Patron, HRH Prince Charles. After a short break to have her daughter, Clare rekindled her business, now working from home.

I would highly recommend the experience – I left glowing! She has kindly offered a promotion for News' readers: bring this article in with you and get 20% off a treatment.

Contact Clare Fewings, 01473 735114. www.elysium-beauty.co.uk. Elysium Beauty is a ladies only salon.

Vanessa Barker

If you run an enterprise in The News' area why not tell us about it: editor@grunews.com

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Local Enterprise



DRIVING DOOR TO DOOR - WITH CARE

Many of Alan Hercliffe's customers live in Grundisburgh, the village very close to his heart. He moved there from Cornwall when his former wife got a job in Colchester. Soon his parents fell for the area too and bought a house in Post Mill Gardens. His father Frank loved taking his young grandsons to nursery and later to Grundisburgh School. Alan says Frank made many friends and acquaintances on the school playground.

Initially Alan was working for the Ford Motor Company and later spent six years driving coaches for Crusader Holidays all over Europe. However, much as he enjoyed the holidaymakers' company,

after a time he found the experience of waking up each day wondering where he was to go too much of a strain and decided a change was needed.

It was his father who encouraged him to set up his chauffeuring business in 2013. Alan was determined that the enterprise would be something more than just a taxi service - he says he sees the business as being 80% about people and 20% about the steering wheel!

Getting the business known takes time and he leafleted the local shops and various outlets in the usual manner, but says he has relied mainly on word of mouth - his stepmother Joan "has been

great"! Joan introduced him to Mary Bean among others, and he thoroughly enjoys escorting people from the Lyttelton Club and Grundisburgh WI. However, he likes to support all local community efforts.

Alan did 48 trips one month recently, and although some were as random as Ipswich Rugby Club and a Buckingham Palace garden party, the large majority of his journeys are to and from airports. Such trips almost always involve late nights or early mornings.

As part of this return home service Alan supplies a 'returns pack' - a pint of milk, a small loaf, butter etc, so that people don't have to worry about having nothing to eat or

make a cup of tea when they get home tired in the middle of the night! It's that 'something more' service he spoke of. Airport pick-ups and posh garden parties do involve a lot of waiting around and he says he does a lot of reading.

As his name and reputation have grown, Alan needs more help. He has two part-time drivers, retired gentlemen who are happy to pick up the odd driving job, but he is considering employing another full-time driver. He is cautious because any new driver must not only 'present' to Alan's standards, but even more importantly perhaps, needs to like people - to be empathetic.

At the moment APH Executive Travel uses three vehicles - a Mercedes S Class which seats four people, a Mercedes Viano which can take seven and a Mercedes Sprinter Minibus can transport 16 passengers.

Alan (seen in the photo above on the left with his vehicles) can be contacted on 01473 353601, 07711 972126 or aphexecutivetravel@gmail.com

words Madge Nicholas,
photo Peter Kendall

Getting fit at the Barn

Barn Fitness at Brook Farm in Grundisburgh launched in April. Run by myself and my expert team of instructors, this is not your usual gym with rows of treadmills and exercise machines; you can come here and get a good hour's exercise on your own with one of the personal trainers or join in the classes and enjoy the buzz of teamwork.

All ages and abilities are welcome, from beginners to those who feel their training has levelled off and need a boost. We offer tailored personal training and specialist classes and as our facilities are only used for this purpose, we can guarantee you will be able to get a high-quality workout without the fuss of queueing for equipment. We

plan the training so you turn up, enjoy and leave feeling great!

The 400-year-old timber-frame barn is light and airy, with a complete mix of bespoke-designed functional fitness equipment - we aim to make sure no personal training hour or class will ever get boring - and there are classes outside that will have you running around the field, pulling ropes or rolling tractor tyres.

We have a partnership with Clare and Charles Burch of EXF Fitness who supply most of our best kit. Since taking over the former Barn 300 business, we have done a major refurbishment and installed showers and changing facilities. We have specialist classes such as Spartan Training, Bootcamp Fitness, X Circuits,



Matt Goldrick, owner and chief trainer

Kettlebells, Pilates, Weights training and T Fit.

I have been in the fitness industry for over 16 years in the Suffolk area and have qualified in many different

disciplines. Setting up Barn Fitness has given me an amazing opportunity to express my own vision and passion for quality fitness. Please visit www.barn-fitness.co.uk

to see all the classes available. New clients are invited to book a free bootcamp class.

Matt Goldrick, 07834956545,
mattgoldrick@hotmail.com



PILGRIMS' WAY

It can't be often that two separate pilgrimages are made by people from the same village quite independently of each other in the same month and finishing in the same place - but it happened this year.

When a friend found he had prostate cancer and wanted to undertake a life-affirming adventure, 62 year old Grundisburgh resident Lennie Billsberry's immediate reaction was to literally get alongside him and undertake the same challenge. Lennie, no stranger to walking for charity, and Mark Ford from Ipswich decided to walk the Camino Frances from St. Jean Pied de Port in south west France to Santiago de Compostela in Galicia in north west Spain, a distance of some 780km, in support of Peter Barton who had already decided to take on the challenge.

This ancient route annually attracts thousands of pilgrims, some disabled but each with their own reason for making the trip. Mark and Peter are raising money for prostate cancer awareness, Lennie's cause is the Nepal Earthquake Victims Appeal as his daughter Emma, a Buddhist



Lennie in his walking gear with scallop shell and 'pilgrim's passport'.

nun, has studied there.

Lennie and friends set off on 24 April for 36 days' walking plus two rest days en route and two for relaxation at the end. The route is way-marked with shells or yellow arrows painted on buildings, trees or on the road so it is difficult to get lost but, despite the numbers making the trip, it is possible to find solace in one's own company.

On some days Lennie found himself walking alone with his thoughts, rejoining his friends at the end of the day. He says "the experience rekindled my faith in mankind, a reflection of the kindness that wonderful people showed to me as a stranger in their country. I appreciate how beautiful the planet is - in places the north Spain countryside is stunning with birdlife, including eagles, kites, buzzards and songbirds much in evidence."

The opportunity to do some thinking time also helped him come to terms with the death of his mother two years ago: what started as support for a friend, evolved into something much more personal.



From left James and Jane Hall, Celia Cook, Ingrid McIvor, Dick Cook and Ann and Roger Ackerley in Santiago.

Surprisingly, Lennie had no problems with his feet even on days when he walked 40km. A pre-walk training regime (up to 28km a day), plus good footwear and twin walking poles made his trip virtually pain-free after four days. A cold then hot shower on arrival at the prearranged accommodation helped to get lactic acid out of his system. The highlight of the trip was at the very end when their three wives, plus his son Ollie and his wife, greeted them in Santiago on the completion of their pilgrimage. A joyful ending to an amazing experience!

Lennie's page is still open on the Just Giving website if you would like to contribute to the Nepal Earthquake appeal.

Taking the Camino Ingles

Coincidentally, in May, a group of 22 pilgrims, including Ingrid McIvor from Grundisburgh, James and Jane Hall from Otley, Celia and Dick Cook from Playford and Ann and Roger Ackerley from Bredfield, also walked to Santiago de Compostela. But this group started in Ferrol in northern Spain and took the 116km Camino Ingles.

There was clearly a more overtly religious dimension to this pilgrimage with a number of eucharist services en route. Like Lennie, these pilgrims enjoyed the company of others, sharing experiences and meals and drawing spiritual refreshment from the retreat experience. All wore

the pilgrims' symbol, the scallop shell associated with St. James which, as on Lennie's walk, marked the way - just as well as this group didn't have a map! But they did have the 'pilgrims passport' so that their distances could be verified.

On their last day they walked only 12km so that they had time to attend the Pilgrims' Mass at noon. The group felt wonderfully elated having reached the end of an amazing experience: the Mass (in Spanish) had beautiful music with many pilgrims taking communion. The highlight of the event was the swinging of the enormous censer suspended from the roof of the cathedral.

Two days of sight-seeing included a trip to Finisterra, almost the most westerly point of continental Europe - and where pilgrims traditionally relinquished their physical (boots, clothing etc) or spiritual encumbrances.

Ingrid McIvor says her abiding memory is "the wonderful companionship of her fellow pilgrims, the welcome from the local Galician people and the beautiful, peaceful countryside".

Words Richard Watkinson, photos Ingrid McIvor and Peter Kendall

Ingrid McIvor is The News' administrator and diary editor. Sue Haddock, our treasurer, also embarked on a walking challenge, the Pennine Way. Her report is on page 18

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Celebrating the Royal 90th birthday

As trailed in the last issue, many of the News' villages celebrated the Queen's 90th birthday. Here are photos from some of them

In **Tuddenham** as the date of the fete, 11 June, was also the Queen's official 90th birthday weekend, we agreed that the fete should incorporate this event. Stalls were decked in red/white/blue bunting, and appropriate games and competitions were organised.

Despite the monsoon weather conditions which deterred many folk, those who braved it eventually had a pleasant afternoon. In view of the weather and reduced



attendance, our profits were down, but we did make £1,700 for church funds.

Jean Elinor



The weather didn't stop them! **Charsfield** celebrated the Queen's 90th birthday on 11 June at The Three Horseshoes with afternoon tea provided by Jerry and Sharon Bird and volunteers, courtesy of Charsfield Parish Council. After a rendition of the National Anthem and a Royal Quiz, three cheers were raised for Her Majesty. The partying continued in the evening with live music and a BBQ.



Grundisburgh's celebrations included a three day flower festival in the church and a party in the school grounds for children and older members of the community (above), with entertainment by the UpBeat! singers and other activities.

Later there were special events at The Dog pub and the weekend ended with fireworks to music in the churchyard.

St Mary's flower arrangers chose 25 arrangements to depict the life and service of



the Queen, from a young person in the Girl Guides to her 90th birthday party. Over 850 flower and foliage stems were used, taking about 42 hours to arrange there, as well



as some work at home. We enjoyed paying tribute to the Queen and were pleased that so many people came to the church to see our arrangements. To finance the festival the parish council



Flower arrangements marking: Service in the Guides, the ascent of Everest (announced on Coronation Day) and Buckingham Palace tea parties.

gave us £100 and the church the rest. Our surplus was £150. More flower arrangers, male or female, would be welcomed to join the team, no matter what their experience.

Pat Fletcher, 01473 735775

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SCENES FROM SUMMER

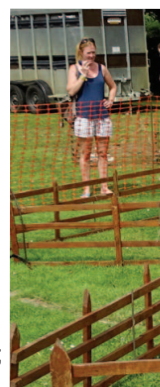
Grundisburgh Village Show

Entries to the classes in Grundisburgh Village Show were up, the judges were extremely impressed and the large crowds who came up to the playing field on 16 July enjoyed themselves in the sunshine.

Photographs: Chris Turner, the Ledgleys and Peter Kendall. Results and more photos on the website: www.grundisburgh.show



Village Show photos, clockwise from the top
Inspecting the exhibits;
A new attraction at the show: herding ducks;
The display of cups;
John Dunnett, winner of the new fruit cup with its donor Julie Dunnett;
Roland Copping, winner of the new cup presented in memory of John Farrow by his family. Teagan (centre) won the best photo cup of which her grandfather had been the first winner;
Vehicles made from vegetables;
Judging the flowers



Tea party, jazz and art exhibition photos by Peter Kendall.



Burgh Tea Party

Music, delicious teas and Alpacas were among attractions at the garden party at the Gurdwara when over £1,000 was raised for Burgh Church.



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Charsfest 16

Charsfest had a bumper year with the recreation ground hosting more visitors and sunshine than ever before. After a fun packed day, revelries went on until midnight with a guest appearance by Elvis. A total of £1,000 was raised for the maintenance of the Alan Pedgrift Memorial Field.

Charsfield photos by Trevor Boyd.



Hasketon Jazz Barbecue



Rain didn't dampen the enthusiasm at Hasketon's jazz/barbecue with music by The French Quarter All Stars. The event made nearly £1,300 this year for Hasketon Church and over £45,000 since it began nearly 20 years ago. The jazz will return to Shrubbery Farm next year (on Sunday 25 June) but jazz lovers will be invited to bring their own picnics.

Grundisburgh Art Group exhibition

St Mary's Church was the venue for Grundisburgh Art Group's summer exhibition. Guests at the preview evening were welcomed by tutor Paul Bruce. Getting on for 150 paintings, sculptures and drawings produced by the people attending Paul's classes were displayed in the church.



KYSON PROBUS CLUB

Would you like to meet like-minded, similar aged people in the local area? The Kyson Probus Club provides a forum for retired or semi-retired business or professional men in a friendly setting. We meet monthly at a hotel for a drink and a chat followed by lunch and a speaker. For more information please contact the Club secretary: Ian McIvor on 01473 738866.

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Italian choir perform in Culpho Church



Nettuno Chorale gave a sparkling concert at St Botolph's Church Culpho in late May, performing a wonderful selection of sacred and Italian songs. Their music director, a fine flautist, added to the evening with his skill and flare.

This was part of the group's visit to Suffolk at the invitation of Ipswich Choral Society (ICS). As chairman of ICS, I was particularly delighted they could come to my home village. Margaret Gornall, Rosemary Hartfall, Glennis Richardson and Denise Merry decorated the church beautifully in Italian colours and flags, to ensure that our guests felt truly welcome.

Nettuno, an ancient seaside town just 3 km from Anzio in Italy, is closely associated with Ipswich historically, in relation to the Ipswich Madonna, and more recently commercially with Ipswich Town. Last year our choir was invited to sing at the Nettuno Rassegna – a weekend of choral performances and this year were pleased to return the compliment. And more links are planned.

Our choir's next concert 'A Grand Tour' is on 29 October in Museum Street Methodist Church. Details from me or by visiting our website www.ipswichchoralsociety.org

Chris Pearce, cmp0601@hotmail.com

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A PASSION FOR KNITTING



Louise with some of her own work she sells to raise money for charity, in her kitchen where she teaches - to fund raise.

Ever since my Mum taught me to knit when I was five, I have loved the craft. From my first misshapen dishcloth to complex fair isle and cabled jumpers, through baby clothes to colourful socks and accessories, knitting has occupied my evenings for as long as I can remember. I've even tried my hand at designing items myself. I'm not naturally artistic in the sense of being able to paint or draw but for me combining colours and textures in knitted fabric is like painting with fibre!

When I was looking for ways of raising money for charity, knitting items for sale seemed an obvious choice. I started with Christmas-themed toys for my children's primary school and graduated to an annual stall at the Farlingaye Craft Fair selling all manner of accessories, in aid of Breast Cancer Care UK. Over ten years we raised upwards of £8,000.

This year I am teaming up with Eily Buffone selling my knitted accessories in aid of The Eve Appeal, with a stall at the Brackenbury Craft Fair in Felixstowe on 6 November.

Knitting classes

When our son joined the military, I was inspired to utilise my lifelong passion for knitting to raise money for Help for Heroes. So about three years ago I started teaching people how to knit socks around my kitchen table in Clopton. It was great fun

and gradually expanded beyond my circle of kind friends to include new participants. I enjoyed teaching knitting so much that I introduced a course for beginners and/or lapsed knitters which featured a fingerless mitten project.

The craft is increasingly being recognised as having therapeutic benefits, promoting a sense of achievement, as well as the obvious social advantages of sharing time with like-minded people.

Another introduction has been a 'Knit and Natter' option for those that like to come along for a chat and work on their own projects. I'm always happy to help with a knitting problem as years of rectifying my own mistakes have honed my troubleshooting skills!

So far I am delighted to have raised £975 thanks to the lovely people who have joined my classes.

Classes start again in October following a summer break with two new options. I have designed a five week class to teach the technique of cabling, including a 14 inch cushion cover. I also have a two session course to teach the art of felting combined with knitting in the round by creating a small bowl.

Classes are held on Fridays between 1.30pm and 3.30pm, refreshments are provided and there is a relaxed friendly atmosphere. Each weekly class is £5, and Knit and Natter £3.

Materials are available for purchase or participants can provide their own. If you are interested in joining me around my kitchen table in

Clopton call 01473 737272 or e-mail louise.witherden@btinternet.com

Louise Witherden

Favourite books celebrated in flowers in Clopton



Clopton Church's flower festival at the end of May was a great success. The theme was 'My Favourite Book'. There were 28 displays arranged by 12 people.

We had lots of visitors on all three days. The comments from visitors were full of praise, including a Radio Suffolk listener who said that she thought it was better than Chelsea! It was a lovely weekend and it certainly showed how much talent we have, especially as most people had not done an arrangement before.

It would not have been possible without the hard work of the arrangers, the research, those who manned the busy refreshments, the people who

From the top: 'Memoirs of a Geisha', 'War Horse' and 'Tears of the Giraffe'.

donated the delicious cakes and helped to clear up after the event. A special thanks to Sue Emmerson for all her help and advice and for keeping the flowers fresh for the Queen's birthday weekend.

We made just over £900 for the Fabric Fund. All of the pictures are now on the website at www.cloptonchurch.org.uk. Click on the link to Heritage then Flower Festival 2016.

words Doris Main, photos Ingrid McIvor

SAVID going 'on the road'

The SAVID (Safer Village Driving) committee has decided to hold a number of its future meetings in the member villages on a rolling basis, with an invitation to the public. We hope this will enable villagers to engage in discussion, share ideas and learn from experiences regarding speeding, road safety and driver awareness to our mutual benefit. They will be at three monthly intervals with the first meeting in Tuddenham in late September or October. Details will be posted on notice boards etc around the villages.

Terry Everett, junter_46@yahoo.com

GRUNDISBURGH GLEANINGS

Appeal for a window to the world

Tommy lives in a bungalow in Grundisburgh with his two brothers, Ben (13) and Luca (4) and their parents, Nicky and Tim. Life has been extremely tough for seven year-old Tom, who has cerebral palsy and pseudobulbar palsy, and who



was not expected to live beyond six months old. He has chronic lung disease, which leaves him susceptible to chest infections and vulnerable to

colds and viruses, which make it risky for him to travel very far from home. Tom's day consists of chest physiotherapy and suctioning.

To try to recreate nice memories for Tom and to make his life a little more enjoyable, his parents decided to try and to raise funds for a sensory room for him. Their vision of this room will include floor to ceiling glass and skylights in the ceiling so

that he can experience the garden without the fear of him catching a cold. The design of the room will allow him to see plants and birds and get the sensory value of rain and wind tapping on the glass and the sun on his face.

Nicky and Tim have started an online appeal to raise funds for this project, which would be spent on the building work, underfloor heating, two sky lights and floor to ceiling windows. Friends and family have already been extremely generous but they still need to raise at least another £5,000 to get the project underway.

Hospital stays are a regular occurrence for Tom, particularly in winter and early spring and every time Tom is particularly poorly, the whole family are reminded of how precious time is and that the future is especially uncertain. As such, Tom needs this room sooner rather than later.

The whole family would appreciate any assistance that can be offered. Donations can be made via the website below and if anyone has any fundraising ideas or is able to help in any way, they can be contacted by email.

<https://www.gofundme.com/windowfortommy>

Tanya Fosdick



Wally Mutimer brings the flag down from St Mary's Church tower for the last time. After 45 years of climbing up to the top of the tower up narrow staircases and through the enormous bells, he was persuaded by his family to retire from his honorary role of flagman. But the role is being kept in the family. Wally's grandson Adam Kearney has volunteered to continue the tradition of erecting the St George's flag at the top of the tower to mark special occasions.

Progress report on new village hall



Artists' impression of elevation facing Ipswich Road.

New Village Hall update

The outline planning application for Grundisburgh's new village hall has been submitted to Suffolk Coastal District Council; once approval has been granted, there will be a detailed survey of the various organisations in the community for the resources they would like in the new hall. This survey will add to the one of individual villagers carried out in December 2015/January 2016, as reported in the spring issue of The News.

The steering group will also seek advice from specialists in insulation, acoustics, joinery, plumbing and heating, glazing, lighting, flooring, kitchen outfitting, seating, sound systems, broadband provision, security and fire alarms, to name but a few!

In August mains services such as gas, water, sewerage and electricity are being piped on to the new village hall site. There will be a more detailed update in the next issue of The News.

Peter Kendall, Chair, New Village Hall Steering Group

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SCOUTING NEWS

We have welcomed Rob Smith as our new Explorer Leader, giving Stuart much needed help with the Explorers. There are now 26 in the group.

Despite poor weather for the Duck Race, our main fundraiser, on 25th June, we managed to raise £2,308. Many thanks to all who supported us. Four scouting members were very busy selling tickets - Mhyrsini sold 90, Livvy 50, Amy 40 and Mathilda 30 - and special thanks to Williams Stores who sold 50 for us.

We had an Awards Night in July instead of an AGM, where families gathered to watch the children receive their badges and awards and three members – Ryan, Charlie and Ben - received their Chief Scout Gold Awards. We took part in Grundisburgh Village Show, will be going on summer camp to Nottinghamshire in late August and we are holding a fireworks event on 12 November (see News Diary)

Beavers had a district sleepover at Sizewell, hiked to Playford where new members were invested, a Summer Solstice night in June, making and using catapults (on the field) and 4th July making flags for USA Independence Day.

Over the late May bank holiday Cubs attended '100 Years of Cubs' camp at Glemham Hall, in June went on a night hike, had a wet games night and in early July a group camp at the hut.

Scouts took part in crazy golf at Felixstowe, a 'blind drop hike', geocaching round the village and summer camp in August.

Explorers went 'crabbing' at Waldringfield, had a 'Mini Olympics', water sports and archery on the field and joined Scouts on summer camp.

Pat Ross, Group Secretary, 01473 735352

Guides urgently need new leader

1st Grundisburgh Guides is in urgent need of a new Guider to help run the unit. We are sad to say that one of our current leaders had needed to step down due to unforeseen changes in work commitments. This means that I am left on my own. In order for the unit to remain open, we need a minimum of two leaders.

I can promise lots of fun and some giggles, and a very worthwhile way to spend a few hours on a Tuesday evening! We have a lovely bunch of girls and they are a pleasure to spend time with. We cover a wide range of activities and the occasional outing working towards badges and various challenges.

We aim mostly to teach the girls some valuable life skills and to be proud and confident young ladies with a lot of fun along the way. The job will include helping to run the weekly sessions on a Tuesday evening 7pm - 8:45pm. In addition to this, we usually



Above: The ducks on their way and at the finish.



Middle: Ryan, Charlie and Ben receiving their Chief Scouts Gold Award; below Scout Group at Awards Night



meet outside the usual time and place as leaders once a term (usually in school holidays) to plan and prepare the termly programme.

There are also opportunities within Guiding for further training and the occasional social event too!

So if you fancy joining the Guiding family please get in touch or if you know someone who might, please feel free to pass on my contact details. Email is best: deb290478@hotmail.co.uk, home 01473 735044 or mobile 07878738823

So I look forward to receiving hundreds of replies very soon! Without a new leader, our very flourishing unit will have to close.

Debbie Richards, 1st Grundisburgh Guides

Rosie Jackson
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Playgroup changes

Grundisburgh Playgroup is looking forward to an exciting new term in September with new staff on board. As we say goodbye to Anna Greenwood who retires to be able to spend more time with her grandson, Julia Bentley takes over as sole playgroup leader. Lots of activities are planned.

There are currently vacancies for 2, 3 and 4 year olds starting in September but please book early to make sure you get your preferred days. Visit the website www.grundisburghplaygroup.co.uk for more details or ring our admissions secretary, Gill Grimwood on 01473 738856. Suffolk County Council provides 15 hours of funding per week for 3 and 4 year olds at the moment, and some 2 year olds also qualify. Further places are available but must be funded by parents.

Activities enjoyed in the last school term included a trip to the tennis club (see photo on page 18), visits to Wyevale Soft Play and the Pets at Home centre, and to shops around the village.

The children helped with planting the garden and there will be autumn jobs to do outside once the term starts. Outdoor play is encouraged and there are undercover areas which can be used when it's wet. Fundraising for extra equipment is always important and this year will be no exception – the committee have come up with some new ideas this year.

Marian Rosling



GADS actors take their curtain call at the end of their summer play, 'Stage Struck': from left Marian Rosling, Mick Lacey, Roz Bull, Vikki Compton, Charlotte Crown, Joel Tatham, Karen Tatham, Darin Osborne and Phil Bailey. Auditions for the children's parts in the 2017 panto are being held in Grundisburgh Village Hall on Sunday 11 September at 2pm. Adult parts have already been cast.

Photo Peter Kendall

WI REPORT

Lovely weather, good food, an excellent bus driver, and a visit to a beautiful Suffolk church. What more could we ask for on our summer outing. We meandered our way through picturesque countryside on route to the Weavers Tea Rooms in Peasenhall. We were met by friendly staff who served us a tasty three course meal.

Back to the coach and on to St Mary's Church in Huntingfield where the church warden, Linda Berry, gave us a potted history. Her enthusiasm was infectious as she told us that the wonderful ceiling had been painted by Mildred Holland (wife of the Victorian Rector).

It had taken her several years to complete, being hoisted up to the scaffolding almost daily to lie on her back to paint. The result is unbelievable, and well worth a visit. Our day ended all too soon, but not before our

driver Alan Hercliffe took us on a detour to Framlingham for ice creams.

Carol Barker, 01473 735838

Invitation to lunch

Grundisburgh Lunch Club is looking for new members. We meet on the second and fourth Wednesday of each month in the parish rooms to offer tea, coffee, lunch and friendship, a place to have a game of cards or just chat with friends. Transport can be provided if needed. Members also enjoy summer outings and a special Christmas meal.

If you are housebound or live alone in either Grundisburgh or Burgh and would like more information please contact me on 01473 735611 or Marion Penson on 01473 738450. So please do give us a call. Maybe you could start by joining us for just a coffee session to see what you feel.

Lynda Bridges

Cake and symphony

"Come to the Family Concert with the Grundisburgh Symphony Orchestra; it lasts 45 minutes and afterwards there will be cake!" How could one resist this unusual invitation; on Sunday 10 July Grundisburgh Village Hall was full and we were in for a really enjoyable concert.

The short pieces ranged from soloists Albie Willett (on bagpipes) and Chris Robinson (Rondo from Mozart's 4th Horn Concerto) to Grieg's Hall of the Mountain King (full orchestra).

The GSO first performed last year at the Mid Summer Music day and this second concert was supported by Grundisburgh Parish Council. The orchestra's aim is "to make orchestral music enjoyable, accessible and affordable" for the community "regardless of age or ability or aspiration".

They have now submitted an application for a grant to the Andrew Lloyd Webber Foundation. We wish them all success.

words and photo Peter Kendall



VILLAGE REVIEW

Hosted by the Parish Council and facilitated by Community Action Suffolk, a Village Review meeting took place in the village hall in April. Of 355 Tuddenham residents, 45 (12.7%) attended and discussed various issues which cause concern.

From the discussions, it became apparent that the two topics which dominated the evening were traffic (volume, speeding and parking) and housing development.

Traffic

Community Speedwatch continues and since the meeting two more volunteers have joined the team.

We are also involved in SAVID (Safer Village Driving). Pauline Proctor is our Speedwatch coordinator and SAVID representative. She has reported that during several one hour sessions in June and July the team noted 68 'speeders' (in one half hour session, there were 12 on Main Road) - almost half of those noted were travelling at over 40mph.

Parish councillors and speed watch volunteers met with a representative of the Highways Department in April to discuss actions which could be undertaken to address the various traffic problems in the village. He made a number of suggestions which are being pursued. Staff shortage and funding have delayed implementation - but the parish council is pushing for action as soon as possible.

Housing

Housing development was a cause for concern particularly as part of the village is designated as a conservation area. Several residents were concerned at the extent of the Northern Fringe Development

in Ipswich and feared that Tuddenham could in the future become a suburb of the town.

In Suffolk Coastal District's Local Plan, Tuddenham is designated as a "Village other" with no plans for any future housing development - in view of the current demography; some residents felt that the village needed some housing development to meet the needs of residents, to attract new residents and to help maintain the current transport service levels.

Tuddenham Parish Council will be undertaking a housing development needs survey in the coming months. A survey form will be issued to obtain feedback from residents. Forms will be issued in hard copy and will also be available online.

Other matters raised on the evening will also be pursued and the parish council is intending to continue to use the content and recommendations from the Villager Review to inform future plans for the village.

Annual quiz

Tuddenham's Annual Village Quiz was held on 14 May. As always the event was well attended and a good evening was had by all!

Adrian Frost was question master aided by Jean Ellinor and Katherine Frost as scorers. Monica Pipe and her catering team provided the usual



Above: the victorious team led by Sandy and Peter Burns.

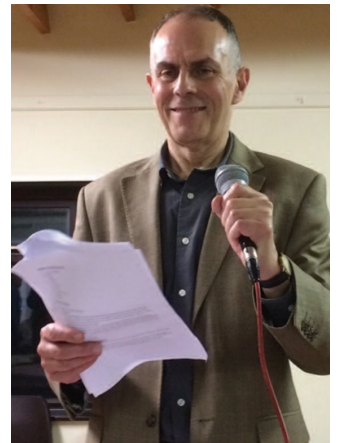
Right: Quizmaster Adrian Frost.

excellent Ploughman's supper.

Sandy and Peter Burns' team won the Tuddenham Toad Quiz trophy with Monica and Bill Pipe's team winning the booby prizes!

Words and photos Jean Ellinor

The special fete marking the Queen's birthday is included with other celebrations on page 9.



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MORE RACING SUCCESS

Last year our son James Clarke raced in the Junior Saloon Car Championship, winning four races and finishing third in the championship.

We took the decision to delay his racing season until he was 16 at the end of April (also helping James to concentrate on his GCSEs) and he is now racing in two senior categories, the Clubmans Register for single seater sports prototype cars and Historic Racing in a 1960s Lotus Cortina.

He has had a fabulous start to his sports prototype racing, winning his class in his last five races – unfortunately his late season start means that he cannot win the championship, but second place is still possible.

Lotus Cortina

James has also been given the opportunity to race an absolute classic – the 1960s Lotus Cortina as raced by his namesake, Jim Clark. At the first race at Brands Hatch he unfortunately suffered a gearbox problem when he was fighting for the class lead, but racing at the Croft Nostalgia meeting in N Yorkshire early in August he qualified third overall (1st in class), came fourth overall and 2nd in class in race 1 and 3rd overall and first in class (by 21 seconds) in race 2.

James' next race will be at the prestigious Gold Cup meeting at Oulton Park over the late summer bank holiday weekend again in the Lotus Cortina where we all hope for further success.

Recognition of James' potential came in an article in July in the national journal,

'Motorsport News' headlined "Clubman's Star Double Season"

Nichola Clarke, Gurdon Road, Grundisburgh

A busy summer at tennis club

Grundisburgh tennis courts have seen plenty of activity this summer. As well as the regular sessions of play on most mornings and Wednesday evenings, the club has organised a number of events.

A coaching taster session in June saw a good turnout from existing and new members. The following day members and their families gathered at the courts for a morning of informal tennis and a picnic, bringing together

a wide variety of age groups from grandparents and parents to teenagers and toddlers.

We had visits from Grundisburgh Playgroup and the Explorers. Playgroup pupils joined the Wednesday morning ladies tennis group to get a taste of playing on a full size tennis court. Everyone enjoyed themselves and we think we spotted at least one future British champion

One Saturday in July a group of us decided to try our hand at a different sport. We walked to The Turks Head for a light lunch and some games of petanque.

To find more about Grundisburgh Tennis Club please go to our website: www.grundisburghtennis.co.uk or contact Sue Haddock for details about membership: sue.haddock@grundisburghtennis.co.uk

Anne Lee

Walking the Pennine Way

"A 40 year dream for Keith, Sue came along for the ride":



Grundisburgh Playgroup members at the tennis courts.

that's what we wrote in the book at the Border Hotel in Kirk Yetholm when we finished the Pennine Way.

Twenty days earlier we'd set off from Edale in the Peak District on our longest and toughest walk yet - 277 miles through eight counties, climbing over 37,000 feet and staying in 19 different B&Bs. There were many highlights, but our favourites were the lesser known High Cup Nick and Cauldron Snout. We met some lovely fellow walkers with everyone encouraging each other along the way. The



Sue and Keith Haddock at the end of their walk.

weather was not always kind, we certainly had some rain, and the notorious bogs made their presence felt.

Our chances of finishing were nearly scuppered three days before the end, not by injury or illness but by another walker literally walking off in Keith's boots. He was reunited with them that evening but not before spending an uncomfortable day walking in boots a size too small!

Sue Haddock, Grundisburgh

Growing old gracefully?

Mike Stiff of Stoney Road, Grundisburgh, doesn't seem to know the meaning of the phrase. Now approaching his 80th birthday he captains and plays tennis for Suffolk 75+Vets and is now planning an 80km sponsored walk.

With his autistic son James, Mike will be walking from Woodbridge to Southwold. He hopes to raise £5,000 towards a specialised eight unit facility for autistic people by the Home Farm Trust (Hft), a charity which cares for some 3,000 people with learning disabilities through residential and day care facilities. James has been in their care for 31 years.

Mike, a fund raiser for 40 years, who has been called "mad" by Princess Anne, patron of the trust, undertakes challenges by way of returning the unstinting support the family receives from Hft. The challenges included two 'End to End' cycle rides (from John o'Groats to Lands End) which raised £81,000.

Mike will not be making direct approaches for sponsorship but has left sponsor forms at Grundisburgh Post Office, Williams Store and Grange Farm Shop. He has also set up a Virgin Giving website - <http://UK.virginmoneygiving.com/MichaelStiff1>.

Nicola Hobbs

SMALL ADS

A cleaner for Bredfield Village Hall for 2-3 hours per week is needed. If interested contact Anne Henderson 737605 henny@dircon.co.uk for more information.

Bosch 23SL electric grass trimmer + additional flex. Used once, but unsuitable for requirements. £15. Charsfield 737492.

Sony 'make.believe' CDX-G2000Ui Car Radio which is also a CD/iPod/USB/Aux Player. In excellent condition with instructions and in original box. Bought new for over £100 - sell for £40 ono. 735352

Sealy single divan bed 3 ft. with interior sprung mattress, two storage drawers

underneath on castors, and headboard. Excellent condition, £40 ono. 738267.

My herbaceous border, established over the past 25 years, is going to be dug up this autumn. A wide range of perennial plants will be available in return for donations to Send a Cow. Some plants ready now or orders can be made for later. Call by when sale sign out in the road near Grundisburgh Green or ring 738267

All phone numbers prefixed 01473. To insert an item into 'Small Ads', please supply on paper or email your words to editor@grunews.com. Private advertisements are free.

A follow-up on Burgh Mill

Our article about Burgh Mill in our last issue has generated much interest and additional information. The first enthusiastic response came from Edwina Holden, National Heritage Officer for the Royal Observer Corps Association, who congratulated author Madge Nicholas on her research (which she says was based on the information written by Chris Hullcoop displayed on the walls of the mill).

A number of others, including Phil Ridgway, Ron Last, David and Humphrey Leech, and Felicity Cambridge have been in touch with memories and details about people mentioned. Unfortunately being a quarterly covering 18 villages and many topics, we cannot devote more space to this now, but all the information has been circulated.

Edwina Holden would welcome any further details and also to point anyone in the direction of the Royal Observer Corps Benevolent Fund if ex-members or dependants would like information. Her telephone number is 01438 831039 and email edwinaholden@btinternet.com. The main website for the corps is www.roc-heritage.co.uk.

Nicola Hobbs

The News needs

The good news is that we have a volunteer to take over as advertising manager from Val Crouch. Diane Waters was our deputy editor before she moved from Grundisburgh ten years ago, and her contact details will be included in the next issue.

The bad news is that after a year since Iain Langdon resigned we have had no takers to take over as distribution coordinator/circulation manager.

We have a good working system established with five main distributors who deliver copies to the door to door volunteers in our various villages and to central points such as shops and pubs. Dick Hall maintains the database. The main jobs of the coordinator are to deal with any queries, see where there are other opportunities for copies to be made available and, if the need arises, find replacement volunteers.

It's not a time consuming job but I would prefer not go on combining this with co-editing (and a few other things!). If anyone feels they could help perhaps they could contact me.

Nicola Hobbs, 01473 738267, editor@grunews.com

About The News

www.grundisburghnews.org.uk

Grundisburgh & District News is a free community publication produced by volunteers. Around 3,000 copies are distributed to homes and a range of central locations in Grundisburgh and 17 other villages (as listed on front page). Four issues are published annually. Contributions, comments and ideas are welcomed: Ford House, The Green, Grundisburgh IP13 6TA, editor@grunews.com. All issues are included on our website by publication date.

Information can be supplied on paper or email. If emailed, the topic of the article should be shown in the subject box. Photos can be sent as JPGs (but not embedded in Word documents) or as prints.

Editor of this issue: Nicola Hobbs (738267, editor@grunews.com);

Editor of next issue: Richard Watkinson (735540, editor@grunews.com)

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Picture editor: Peter Kendall (738267).

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Subscription service: Pat Hall, Crest Cottage, Chapel Road, Grundisburgh, IP13 6XL (735319).

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Administrator: Ingrid McIvor (738866).

Website: Ian McIvor, (738866)

Type: Wendy Cole (735923).

Proofing: Wendy Witt, Viola Reade and Ingrid McIvor

Chair of management team: Beth Taylor 767635

Vice chair of management team: Terry Frost (735275)

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1/8 page (w.92mm x h. 66mm)	£39
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Colour costs an additional £5 for 1/16th, £10 for 1/8th and £20 for 1/4 page

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Local organisations advertising fund raising events are charged at half the normal rate.

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Adverts for next issue to be sent by 2 November to Val Crouch, Finndale Cottage, Grundisburgh IP13 6UD
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Grundisburgh artist joins the piggy trail around Ipswich

A friend first made me aware of the St Elizabeth's Hospice 'Pigs Gone Wild' campaign last October. The idea of designing eye catching pigs for a trail around Ipswich during the summer of 2016 was too captivating for me to resist.

I submitted three designs for the November deadline. During the early spring I was informed that one of my designs had been chosen by Birkett's, the Ipswich based solicitors firm. They had selected 'Steampunk Pig' (lower photo), which I had much fun bringing to life.

Very close to the deadline for all the pigs completion Abellio Greater Anglia stepped forward and selected another of my designs, 'Hamlet' (top). The design was not derived from the Shakespearean character, but the 'pig villages' we see dotted around us in our countryside. Their piggy communities had always enthralled



me and it was a real pleasure to paint this design on to a very large pig sculpture.

The pig trail will continue into September, after which the pig sculptures will be auctioned off to raise money for the hospice. It has been fantastic to be a part of this project which has brought joy to so many people, and all for such a worthwhile cause.

Cyndi Speer



The East Anglian Daily Times has been giving regular coverage to the venture. The 'Ta Ta Trotters' event will be gathering all 40 adult size and 30 junior sized pigs together at the Corn Exchange in Ipswich on Saturday and Sunday 10 and 11 September. After this the junior pigs return to the school and community groups which designed them and the larger ones auctioned for the hospice.



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