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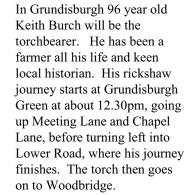
Jubilee Torch Relay around the county

To herald the start of The Festival of Suffolk and the Queen's Platinum Jubilee celebrations, a symbolic torch is travelling through the county. It passes through 250 towns and villages before reaching its final destination at the Suffolk Show on 1 June.

The 550 mile tour is crisscrossing the county, travelling by e-rickshaw. 'Local heroes' are being picked up along the way to carry the festival torch.

It will visit two villages in The News' area - Grundisburgh and Otley on Tuesday 31 May.

In Otley it is 92 year old farmer Russell Ling who has the honour of being torchbearer and 'local hero'. The rickshaw will collect Mr Ling at around 11.30am in Chapel Road, stopping at the village hall for photos and finishing the journey near St Mary's church.



Their journeys can be followed on https://www.festivalof suffolk.org/best-of-suffolktorch-tracker.

Summer Isle Films, who are now based in Clopton, have been commissioned to film the tour around Suffolk.

Longevity record?

Over the past four years, four residents of the small village of Hasketon (population around 400) have reached their hundredth birthdays. Barbara Hall and Betty Taylor are 100, Barbara Boggis is 101 and Edith Stannard was 104 earlier in May. Is this a record?

Katherine Smith

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Grundisburgh's new village hall was officially opened by Suffolk's Lord Lieutenant, Lady Clare Euston, in March. With her after the opening are the then High Sheriff Edward Creasey from Burgh and Culpho artist Paul Bruce who runs the art classes in the hall. News of what's happening at the hall is included on page 6 and in the centre pages.



Eilir Rogers outside her deli with assistant Marge Reeves

Grundisburgh's deli wins major award

The month of May has been a milestone in the short history of the delicatessen in Grundisburgh. The highlight in

Grundisburgh. The highlight in May 2022 was being declared East Anglia Winner of the national Farm Shop and Deli Retailer Awards. The award was the outcome of a survey by 'mystery shoppers actually testing outlets for themselves. A judge said "This sounds a very special place and an instant success within its community. I appreciate the sustainability efforts as well as their innovation and proactivity."

During lockdown, Eilir Rogers, co-owner of the Grundisburgh Dog pub, hit on the idea of setting up a stall on the pub forecourt to sell vegetables. She then decided to move the outdoor operation into the restaurant area which she converted into a small shop, majoring on Italian foods whilst retaining the fresh fruit and vegetables. When the old post office came up for rent, Eilir jumped at the chance to open a 'real shop'. The Dog Deli opened for business in Rose Hill, Grundisburgh in May 2021, transformed by a lot of hard work from an empty shell into a cosy, smart and welcoming venue to eat homemade cake and drink good coffee, but also to buy cheeses, charcuterie, fish, wines and pasta.

Eilir and her right-hand helper, Marge Reeve, like to sell as much locally-produced food as possible - the quiches and other morning goods are made by the Dog chefs daily; cakes from B's Kitchen in Grundisburgh; smoked fish from Orford; bread from Rendlesham and fresh fruit from Newbourne. They will make up hampers or picnic bags to meet individual needs.

How does Eilir account for her success in such a competitive environment? Realistic pricing and sheer stubbornness" she replied. I can't argue with that she is my daughter!

Words Richard Watkinson, photo East Anglian Daily Times

WHAT'S ON

Note: The entries for jubilee events between 2 and 5 June were too numerous to include here but can be seen on our website: www. grundisburghnews.org.uk

June

Friday 10 & Saturday 11 Spring Play - Feedem Fighters *GADS*

Gr VH PBE 7:30 pm Contact grundisburghamdram.com or ianfrost68@gmail.com

Saturday 11 & Sunday 12 Hidden Gardens

Grundisburgh Horticultural Society Gr VG 2:00pm -6:00pm Contact catherine@ laxton-interiors.co.uk

Thursday 16

Seasonal Supper Club with Peter Harrison Otley Hall PBE 6:30pm-9:30pm Contact www.otleyhall.co.uk Saturday 25 Great Bealings Open Gardens 2-5pm (to be confirmed. Contact nhp@rillcott.co.uk

Sunday 26 Scouts Duck Race Gr VG 3:00pm. Contact 012473 735352

July

Saturday 2 Concert Suffolk Singers, Culpho Church 3pm. Contact 07925 251802

Saturday 9

12 Plus Arts (daily till 24th) *Grundisburgh House Gallery*, IP13 6UD 10:00 am - 5:00 pm Contact www.thegrundisburgh

Saturday 16 Village Show Grundisburgh Horticultural

housegallery.co.uk



Society

Gr PF 12:30 pm - 5:00 pm Contact 01473 738997

Summer dance

Marquee on Grundisburgh Playing Field 7.45 pm - 11.45 pm. PBE. Contact 07733 016611

August

Friday 5 Garden Party Grundisburgh Horticultural Society 6.30-8.30pm PBE Contact 01473738997

September

Wednesday 7 Panto - adult auditions GADS Gr VH 7:30 pm Contact charlotte.crown@hotmail.co.uk

Sunday 11 Panto - Children's auditions (from 8 vears)

Gr VH 2:30 pm Contact charlotte.crown@hotmail.co.uk

Friday 16 Exhibition:Ollie Dable (daily till 20 September)

Grundisburgh House Gallery IP13 6UD 10:00 am - 5:00 pm Contact www.thegrundisburgh housegallery.co.uk

Saturday 24 Craft Market Grundisburgh Village Hall 10am-1pm. Contact 07513 832734

October

Thursday 29

Exhibition: Out of the Fold (daily till 4 October)

Grundisburgh House Gallery 10:00 am - 5.00 pm Contact www.thegrundisburgh housegallery.co.uk.

Key to abbreviations

Gr. Grundisburgh VH Village hall PR Parish rooms PBE Pre booking essential

Brief details of events, including contact numbers and whether advanced booking is needed, should be sent up to a year in advance to diary@grunews.com. These will go immediately into the online version on The News' website (www. grundisburghnews.org.uk).

Early notification can help organisers of events avoid clashes of dates.

Church concert

Suffolk Singers will perform a delightful and varied programme on Saturday July 2nd at 3pm in St Botolph Church Culpho. Tickets are £15 and include tea and cakes after the concert. Tickets from: Christine Pearce -<u>cmp0601@hotmail.com</u>/07925 251802



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WHAT'S ON

Horticultural happenings

With the arrival of summer Grundisburgh Burgh & Culpho Horticultural Society's events take off, starting with Hidden Gardens over the weekend of 11 and 12 June. Tickets bought in advance from Williams Stores are £4.50, and on the day £5. There will be a range of gardens, large and small, full of ideas and inspiration. A cake stall, plant sale and programmes will be on Grundisburgh Green and teas will be served in the nearby Parish Rooms.

The Village Show takes place on 16 July. Copies of the show schedule are available in a number of local outlets, with details on our website: <u>www.grundisburgh.show</u>. Local groups or organisations wishing to have a stall on show day should contact: <u>secretary@grundisburgh.show</u> Spaces are going fast.

Our Summer Dance will be in the marquee after the show, with live music from local band, Larkside. Tickets are £15 and include a hog roast supper. They are available from <u>grundisburghvillagedance</u> @yahoo.com or Mandy on 07733 016611.

Our last event of the season is a garden party. This takes place on Friday 5 August at a garden



Martha's Barn Café (above) at Otley Hall is now open on Saturdays - as requested by many visitors. It is open Tuesday to Saturday, from 10am to 4pm. The next Seasonal Supper Club with Peter Harrison at Martha's Barn takes place on 16 June, and 'Historic Otley House Tours' run on 22 June, 20 July, 17 August. Further information and booking: www.otleyhall.co.uk

in Grundisburgh. Tickets at £10 will include a two-course ploughman's supper and will be on sale in local stores from 11 July.

We hope to see you at at least one of our fantastic events during what will be a very busy summer.

Martin Cripps, chairman@grundisburgh.show.com

GADS get back on stage

Grundisburgh Amateur Dramatic Group reluctantly had to cancel its planned 1940's radio plays as the acoustic panels in the new hall weren't in place - and will take place sometime later. But as they say, the show must go on

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07885 720736 contact@hydeheating.co.uk www.hydeheating.co.uk 32 Gurdon Road, Woodbridge IP13 6XA so we're now rehearsing our spring play, 'Feedem Fighters'. about a salesman whose wife pays for him to go on a dieting programme with a difference!

This hilarious comedy (with adult themes and strong

language) will be performed on 10 and 11 June at 7.30pm in the new village hall. s A ploughmans supper is included in the ticket price. See the advert on page 2. This will be our first show in the new hall so it'll be great to be back onstage after the enforced break.

We're also starting to plan for next year's panto - oh yes we are! - and it's that ever popular classic, Cinderella, that we'll be performing. Children's auditions are on Sunday 11 September at 2.30pm with auditions for adults on Wednesday 7 September at 7.30pm.

If you'd like to get involved with the group in any way, feel free to come and see us at the village hall on Wednesday evenings from 7.30pm or contact me via email.

Ian Frost ianfrost68@gmail.com



www.kemplandscaping.co.uk



In our last issue, we featured activities planned for Clopton, Tuddenham, Bredfield and Grundisburgh, as well as the seven village relay. More of the villages in The News' area are included this time.

Dallinghoo

On Sunday 7 June Dallinghoo residents will be joining with communities all around the country for a special 'Big Jubilee Lunch' with a street-party vibe, from our Jubilee Hall. We are planning delicious food from the period including Coronation Chicken and salads home-cooked from authentic recipes followed by a choice of many favourite oldfashioned home-made puddings.

There will be a bar, music, decorations including bunting and old village photographs through the ages. We are busy planning fun for all ages with stalls and activities like threelegged races, wellie-wanging and pin-the-tail on the Corgi! The day ends with singing round a bonfire.

Information from Helen Tye

Otley

The Jubilee plans for Otley on the Thursday include the judging of the best dressed house and the lighting of the village beacon at dusk

Friday 3 June will see the inter village relay baton race coming through the village - see facing page.

A traditional village fete including a dog show, samba

band, stalls and games, and a BBQ will be held on the on the Saturday evening. There is a live band in the White Hart pub, and on the Sunday the 'Big Lunch' - an open air picnic - is being held on the park by the village hall.

Information collected by Paul Whittingham

Charsfield

Village celebrations kick off on the 2nd with the grand opening of an exhibition in the village hall at 6pm. This celebrates the history of Charsfield and will be open all weekend. There will also be an exhibition of Jubilee-themed art from Charsfield Primary School, and an invitation to pick up refreshments for lighting of the beacon on the field behind St Peter's Close.

On offer on the Friday morning will be coffee and cakes in the church and a chance to see the themed flower displays. A 'dramatic extravaganza' will be presented in the afternoon in the pub car park.

Saturday sees the return of Charsfest after its break due to Covid when visitors are encouraged to wear red white and blue outfits. On Sunday residents are invited to bring their picnics to enjoy on the recreation ground, following the church service.

Sallyhaird@gmail.com

Witnesham & Swilland

Thursday 2 June sees the flower festival opening at St. Mary's church - and will continue until the Sunday. The village recorder's display will be at the Baptist Church.

A street fair at Witnesham School takes place on Saturday 4th with over 30 stalls selling craft and beauty - and much more. This starts 11am and includes live music, games and refreshments. There will also be a five-aside football competition.

On Sunday there will be music and singing plus poetry and more at St. Mary's Church,. There will be a chance to see the scarecrows entered into the competition as well as entries for a portrait of the Queen drawing competition.

Both pubs in Witnesham and Swilland are putting on events. The Moon and Mushroom is organising activitities on the Friday including a BBQ, children events, dog show, auction, drinks and music etc starting at 11am.

The Barley Mow's events take place throughout the four days, and include a quiz on the Thursday (with a 'royal' theme). A children's zoo event is spread over the four days, and a Saturday night Fish and Chips Jubilee celebration starts at 5 pm.

Information supplied by Steve Henley

Tuddenham St Martin

Festivities start with a BBQ and entertainment at The Fountain pub from 3pm on Thursday 2 June. On the Friday a variety show titled "Would Jubilee've It!" and sing along with a Ploughman's supper take place at the village hall.

A family fun sports day takes place at the playing field on the Sunday afternoon, followed by a 'bring & share' tea party at the village hall.

We are also decorating the village with red, white and blue for the weekend (and a royal personage may be spotted around the village during the festivities).

Information from Jean Ellinor

Playford

Residents have been invited to bring a picnic to celebrate the Jubilee at the village hall on the Saturday afternoon. There will be free wine, soft drinks, teas, coffee and cakes, a BBQ ready for cooking food, games for children and families, music and souvenir gifts for the children.

Burgh

Burgh residents will be gathering under the cedars in the lovely garden of Burgh Mill for a picnic on the Sunday evening at the kind invitation of Penny and Edward Creasy.

Grundisburgh

The village has a packed programme for three of the four days of the Jubilee celebration. A flower festival featuring arrangements in the colours of the Queen's wardrobe opens in the church on the Thursday, continuing each day except the Saturday.

A town crier will make a proclamation on the green at 1pm on the Thursday and this will be followed by a 'street party for the platinum generation' in the village hall. Later the Scouts will present their campfire built over the river on The Green, with campfire entertainment and songs.

Nearing sundown a 'special beacon' and the playing of Diu Regnare, a tune for the bagpipes specially written for the Platinum Jubilee. To end the first day, the National Anthem.

Friday will see family games and children's races on the playing field in the morning and a family festival with fairground games and foodstalls at the village hall in afternoon, followed by a talent show, ceilidh and live bands.

Sunday has a special Songs of Praise, hopefully on The Green, a barbecue and ends with John Richard's famous fireworks and music display over the church at sundown.

The Dog's beer festival will run throughout the Jubilee holiday.

Information from Ann Willetts



Great Bealings

A 'pealathon' is offering people a five minute celebratory peal of our newly refurbished bells - our Jubilee project. People are invited to bring floral displays to the church, with individual messages and to write memories of the Queen in our commemorative platinum book. A number of events are being shared with neighbouring Little Bealings such as a lunchtime party on the John Belstead Playing Field.

> Information from Norman Porter

Torch relay

Seven villages are taking part in the torch relay run which starts and ends at Helmingham Hall. This is an appropriate venue as her Majesty Queen Elizabeth and Prince Phillip were regular visitors staying with their old friends, the Tollemache family.

The hall is now run by the Tollemache's son and daughter in law who, along with their two sons, will be taking part in the relay run.

The run starts at 11am. on the Friday, finishing at

approximately 3pm. The medals are being presented by the family outside the hall at about 4pm. The grounds are open on the Friday so everyone is welcome to come along and cheer on the runners.

The route of the relay goes from Helmingham Hall to the White Hart and then the village centre in Otley, to the Moon & Mushroom and school in Swilland, on to the Barley Mow in Witnesham, to the Tuddenham Fountain and the village hall, before heading off to Westerfield Railway Station, back towards the Swan and on towards Fvnn Vallev Golf course in Witnesham, past the Barley Mow, and up to Ashbocking, before heading back to Helmingham.

Some 119 runners have signed up to take part in the event. The money raised will be supporting East Anglian Children's Hospices.

The event is being organised by Steve Henley.







The Dog Deli celebrated its first birthday and its award (see page 1) in the pub's back garden. The recently landscaped area can be hired out for small private functions - and already has a wedding booked for July. Photos Peter Kendall

Flood of bookings for new hall

Grundisburgh's new village hall has literally been inundated with people wanting to hire it. We even had two parties the day before we held our open day on 30 January. We have bookings every single weekday morning and every single weekday evening with regular hirers. There are already almost 900 confirmed individual bookings for this year totalling over 1,700 hours of use.

Existing users

We are pleased to continue to welcome the long-suffering users of the old hall such as the Folk Dance Club, GADS, the Youth Club and the Bowls club as well as Woodbridge School of Dance.

From reactions we have had, they are all delighted with the new facility and enjoy the open and warm space as well as the much improved kitchen and toilets.

Newcomers

However, we are also delighted to welcome some newcomers to the hall who have booked regular slots during the week and throughout the year. The very successful and popular 50 strong ladies' choir, Upbeat! have joined us on a Thursday evening and the Brownies are now regular users on a Tuesday. It is also a real pleasure to see the previously popular, but recently disbanded Art Club reformed by Paul Bruce on a Tuesday morning with around 20 attendees each week.

It is particularly pleasing to see that Rev Katrina Dykes has started a Parents & Toddlers group on a Tuesday lunchtime.

The hall is, of course, a fabulous venue for parties and we have already had lots of bookings for kids as well as adults parties and there are already three wedding receptions this year. We have had a few bookings for charity fund raising fayres and quiz nights.

Fitness and wellbeing

Fitness and wellbeing are very popular and the demand for Pilates seems insatiable such that Lucy Bowditch is now running seven classes each week, Caroline Boggon has begun a weekly Yoga class and Ashley Phillips a popular BoxFit class also. Mathilde Pewsev runs two exercise classes of each week for those who are less mobile. SPOT Wellbeing ran a six week series of free Wellbeing classes and it was so popular, they immediately booked another six weeks to run after that!

Music

We have quite a number of music orientated groups in the

hall. There is a 'Flute Cocktail' of eight flautists who meet monthly; a new male choir has started called Offbeat! under the tutelage of Carol McConnell-Theobald and Emma Ducking has started her 'Singing Ducklings' for youngsters every other Monday morning.

We even have bookings from the Ipswich Symphony Orchestra and the Ipswich Gilbert & Sullivan Society.

> Bryan Laxton, chair, Grundisburgh Village Hall

Some of the groups using the hall are featured on the middle pages of this issue.

Community Fund

So many people came together to 'make the hall happen'. As one of the eight trustees of Grundisburgh Village Hall, I have taken responsibility for 'Events and Promotions'.

A group of us are promoting the Family Festival on the Jubilee Friday. The main idea was to put on a brilliant celebration day with free entry for everyone. The theme of 'the community benefitting from the fab facilities of the new hall has inspired the idea of a Community Fund to help us support activities at the hall which local people want, and which otherwise wouldn't happen. We have had a few generous donations to kick things off and a growing number of people are doing a ± 10 /month standing order to give the fund a long-term future.

Examples of using the fund so far are to pay the hall hire costs of a regular, free IT clinic which means anyone can go along to get help making their technology work for them. Also the fund is contributing towards the hire costs of the craft fair which boosts the charitable contribution the fairs are able to make.

We are in the process of setting up a more formal group of local people to evaluate and recommend uses of the fund in a transparent and fair way. The two sides to this initiative are (a) if you are in a position to contribute money it would be sincerely appreciated but also (b) if there are ideas and activities that you think would benefit the community where the fund might be needed to help get things going then please do contact me.

We are in the business of helping people make the things they want start to happen, rather than directly running activities ourselves. Either way please do make contact by emailing <u>events@gnvh.co.uk</u>. Thank you.

Biodiversity at Bealings: second installment

Since our first visit in February to Jonathan Fieldsend and Colin Hopkins' project to increase biodiversity in Little Bealings, Spring has clearly been "busting out all over".

Colin reckons that as no herbicides or pesticides have been used there for at least 30 years, nature can Rule OK and, with a progressive reduction in soil fertility, wild flowers are just starting to grow through the grass. And the trees, young and old, are coming into leaf; the newlyplanted rowans are thrusting to get out of their protective tubes



but, as they are a favourite dish of muntjacs, the protection must continue until the trees are no longer attractive to them. The coppiced wild plum trees are putting on growth too.

On our latest visit (12 May), birdsong was again a key feature: that morning Colin said that he'd heard robin, pied wagtail, chaffinch, green woodpecker, house sparrow, whitethroat, yellow hammer, tits (longtail, coal, great and blue), greenfinch, wren, siskin, reed bunting and linnet. He knew this because they were all identified by the 'BirdUp' app on the smartphone which he carries with him. Indeed, while we were there we heard a woodpecker at work.

The habitat around Colin's home should be a suitable site for nightingales but so far this year they have not yet been seen or heard. Mason bees are laying and protecting their eggs in the 'bee hotel'. These bees are non-aggressive and rarely sting.

They lay their eggs inside existing tunnels, like those left by wood-boring beetles or by man-made devices such as bundles of old bamboo canes or the rather sophisticated device provided by Colin - see photo top left

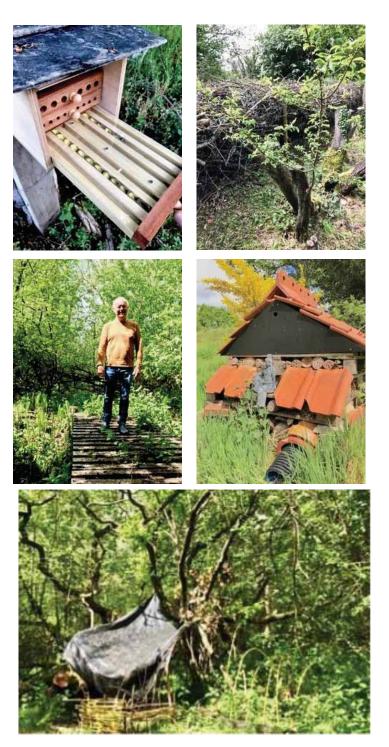
Piles of logs partly buried in the ground make suitable homes for stag beetles and elsewhere, under a protective sheet of corrugated iron, we found young slow worms with their glistening copper-bronze skins plus a rather dozy black toad! Newts are breeding in the pond and somewhere in the garden there are feral guinea pigs - but not in evidence during our visit!

Bealings' Forest School uses the site in spring and summer terms to help children get closer to nature with lessons outside the classroom; there are a couple of purposebuilt dens down by the stream as pictured (right).

As summer unfolds, Colin expects to see a flush of wild flowers emerging from the grass and we hope to photograph these as and when they blossom during the next three months.

> Words: Richard Watkinson; photos Linda Plant





Photos above clockwise from top left: Bee Hotel with mason bees; Coppiced plum tree and dead hedge; Bug House; Den for the Forest School; Colin Hopkins. Photo far left: Slow worm.



EDUCATION



Otley Big Day Out

It wasn't so much a case of keeping calm as Keep Dry and Carry On! After weeks of little or no rain, the open day (7 May) at Suffolk Rural at Otley was blessed with a morning downpour. But it didn't deter the organisers nor prevent us visitors (about 2,500, I believe) from enjoying ourselves hugely.

I visited the college on its Big Day Out with my daughter, Sam, and my grandsons. There was plenty to see and do and in one dry break grandson Reggie (7) shot up the near-vertical climbing wall with another user in hot pursuit!

As you'd expect, there were lots of country animals, horses being driven, cute baby goats with their mothers, cuddly alpacas and cows for us to admire close-to. We were tempted into the tent showing





stick insects: the females were a lovely lime green with tiny wings and the males smaller and brown. Sam loved the green ones - as did Reggie - but he couldn't be persuaded to hold one!

Trade skills were on display and there were quite a few things to try your hand at everything from construction to cookery. External charities were invited and they included Community First Responders and the Riding for the Disabled Association. Obviously a lot of thought and effort had gone into planning the day - and we all kept calm and carried on!

> Words and photos: Lynne Andrews

News from ymca

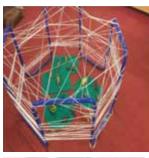
Here at YMCA Childcare Grundisburgh we've been having so much fun enjoying different activities. The children have had a keen interest in dinosaurs so we have been exploring the different types and have been on a dinosaur adventure learning their names, what they eat and making our very own dinosaur masks.

The children have also been busy baking their own cakes, learning how to write their own names and practising Makaton actions to sing songs and say some words.

We've been enjoying the lovely sunshine in the garden and playing with some of our new toys. The children have been very interested in road safety and have been using the traffic lights in their play.

We have also loved being allowed to welcome the parents back into the setting again and it was lovely to see so many of the Mums attend our Mothers Day afternoon. We look forward to having many more opportunities to welcome the parents into the setting so they can see what their children get up to.

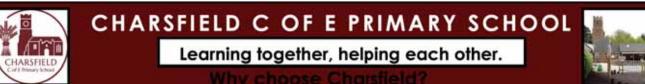
For any enquires please contact me. Nathalie. at YMCA Childcare Grundisburgh on 01473 738017.







Food and artworks made by the children on the dinosaur theme.



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Please visit our website: www.charsfieldprimaryschool.org.uk Please call to find out about visiting - Tel No: 01473 737347

EDUCATION



The school is delighted to have retained their 'Good' OFSTED status, especially under the new inspection framework which came into place in September 2019 and has significantly raised the bar of expectation since their last inspection in 2017.

The whole school feels that the inspector really saw and understood how important the family ethos of the school is to our whole community.

We received amazing support and feedback via the online survey or in person from their parent body and their children, as always, were superb and this was rightly recognised by the inspector. The school is very proud of their children, staff, Governors and the whole community, all of whom played their part in relaying the story of this wonderful school.

The Headteacher, Sue Marks said, "The feedback reflects the hard work, care and collaborative spirit that is evident in all we do at Grundisburgh Primary School which is friendly and caring with a strong emphasis on knowing our children and offering a rich, relevant and engaging curriculum for the benefit of all."

To quote the report: "Pupils like to learn. They said they were glad to be back in school after periods of remote learning. "Pupils said they missed learning with teachers and friends. Most pupils read fluently by the end of key stage 1. From Reception through to Year 6, adults emphasise the importance of language and communication. Pupils receive consistent, good-quality phonics teaching. They read and write often. "Pupils enjoy and make energetic use of the many outdoor activities provided for them. They are excited to use the adventure apparatus or to learn in the school's woodland areas."

We are a friendly and caring school with a strong emphasis on knowing our children and offering a rich, relevant and engaging curriculum for the benefit of all. We have extensive grounds with playing fields, woodlands for Outdoor School, vegetable gardens and have just planted our Jubilee oak tree and Orchard.

Sue Marks, Head Teacher

FOGS FUNDRAISING

Friends of Grundisburgh School (FOGS) have been very busy continuing to raise money despite Covid-19. In March we saw the return of our annual quiz, which proved to be a huge success and it was lovely to see the community back together.

As a result of the monies raised here and through the 2021 Christmas raffle, FOGS were able to fulfil the IT wish list of Winbooks throughout the school. An amazing



Top: Grundisburgh School pupils plant their Jubilee Oak. Above: Pupils planting the saplings. Below: Quiz master Paul Whittingham struts his stuff at the recent FOGS guiz which raised £1,490.

achievement and one that is really going to benefit the children.

Fundraising efforts are now focusing on being able to help further develop the outdoor learning areas of the school, with the hope to purchase picnic benches made from recycled milk bottles and landscape currently unsuitable land. Grants have already provided fencing, spring bulbs and 420 saplings that the children enjoyed planting, enabling them to spend more quality time outdoors.

FOGS would like to send a huge heartfelt thank you to all that have supported and continue to support us, especially during the pandemic.

Lucy Shemmings



Since Grundisburgh's new village hall opened for business in late January, it has been in almost constant use. Some of the local groups now using the facilities are featured on these two pages.

Life on Canvas

After a two year break the Grundisburgh Art Group has reassembled at the new village hall under the authority of our well-known old master Paul Bruce. Meeting every Tuesday from 10.30am – 12.30pm the group welcomes all abilities - from the complete beginner to the more established artist.



Activities are varied. From time to time Paul gives demonstrations in various media including acrylics, oils, pastels and watercolour, and provides guidance on basic drawing skills along with use of materials. And to broaden inspiration further Paul invites his colleagues and practising artists to the group to demonstrate and talk about their art and own techniques.

The Art Group is not only home based either. Over

previous years three day away trips have been organised with travel to exhibitions abroad and around the UK. Indeed, visits to both local and London galleries are frequent and the group is always open and welcome to suggestions on new venues.

An exhibition of members' artworks in the hall will form part of the Platinum Jubilee celebrations .

"I'm no artist" you may say... ...but we all have the ability to connect with our innermost hidden artistic feelings! So why not express your creativity and join Paul together with the Class of '22 and let the Suffolk light stream through the windows of our delightful new venue – on to your own creation. It will become an unmissable highlight in your diary. To find out more contact Paul: pauldbruce@ tiscali.co.uk 01473 738265.

Words Linda Plant, photos Bryan Laxton & Linda Plant

The new village hall can now be booked online via the link on the home page of its website: https:// app.myhallwizard.com/ grundisburgh-village-hall





Exercises for the less able

Mathilde Pawsey has always been interested in sport and keeping active as well as in helping and learning more about people. This led to a degree in Sport and Exercise Science and a personal training qualification.

Part of her studies involved exercise rehabilitation research, looking at how exercise can be used to improve physical and mental well-being. Mathilde then worked in care and as a rehabilitation assistant, helping develop the skills to be more specific to the work she does now, tailored towards rehabilitation from injury/ illness and helping manage ongoing health conditions through exercise.

"I started my classes to provide exercise which doesn't exclude people based on their ability," she says. "Many people are not able to jump around or get on and off the floor to exercise excluding them from most classes. Physical fitness is particularly important when people get older to help avoid falls, manage joint pain, maintain mobility and independence - and more."

Currently Mathilde runs classes in Grundisburgh Village Hall on Thursdays mornings - at 9:30 and 10:30. These are held in the smaller committee room. She also offers one to one and group personal training for all abilities, to help provide extra support for those who need it or maybe don't feel confident enough to join the class setting.

Contact: trainer@enablefitnesst herapy.co.uk M:07522257156

> Words Nicola Hobbs, photo Peter Kendall

Noble Rotters

The Noble Rotters Wine Circle was started in Grundisburgh many years ago by Dudley Cooper, a former resident, for people nterested in learning more about wines and tasting different grapes and vintages.

The name derives from the 'noble rot', which is the quality of a natural wine that is funky on the nose with loads of minerality on the palate.

The club has grown and we are very happy to be using the new village hall as a venue for our tastings, as we had outgrown the space in the parish rooms.

As well as diverse tastings, welcoming wine makers from around the world, we have social events, such as summer and Christmas parties. In addition, we organise trips to vineyards and other places, such as Southwold, where Adnams organise tastings from visiting vintners.

In the past, we have also done some wonderful wine trips abroad, so far visiting Italy, France and Slovenia.

We would now welcome new members. Anyone interested in joining the circle should contact me by email or phone.

> Monica Begg <u>monica.begg@sky.com</u> 01473 738830

The hall is also booked for exercise classes for the more able bodied - with a number of Pilates sessions run by Lucy Bowdich, Yoga by Caroline Boggon and Boxercise by Ashley Phillips.



Grundisburgh ladies' choir still feeling Upbeat! after ten years

For several years, Carol McConnell-Theobold grappled with the idea of starting a ladies' choir based in and around Grundisburgh, where she then lived. Ten years ago, she thought that it was 'now or never'(to quote Elvis Presley), so she formed a small choir comprising about a dozen ladies in 2012. Carol then came up with the name 'Upbeat!'.

Initially, the choir rehearsed in Carol's lounge but the word quickly spread and it wasn't long before she had to hire the Parish Rooms to accommodate the growing numbers. The membership increased still further and outgrew this. Grundisburgh Primary School allowed the choir to use its assembly hall for several years but the completion of the new village hall has enabled the choir to move to a splendid new home for their rehearsals.

The total membership is now up to about 60. The choir usually sings in two-part harmonies. Carol chooses new songs every year to keep things fresh and to provide some challenge for the singers. While some can play instruments or have other outlets for musical participation, the majority of the choir do not. Therefore, Upbeat! gives them an opportunity to enjoy making music with other people which they would not otherwise have.

During the covid lockdown periods, the choir initially tried to rehearse using Zoom but the different internet speeds in the numerous households meant that it was impossible for them to keep in time. They therefore abandoned rehearsing songs but instead, Carol used the time to teach choir members how to read music and other elements of music theory which would assist them in performing songs once things had returned to normal.

The choir has now been able to resume rehearsals for several months. They are getting ready for a tenth anniversary concert to be performed in the Grundisburgh Village Hall at 2.30pm on Sunday 17 July. Tickets will be available at £10 each from <u>upbeattickets@gmail.com</u> or by phoning 07834 984591 and will include celebratory refreshments and homemade cakes.

An innovation this year is the formation of a male choir - which will also be participating in the anniversary concert. They have adopted the slightly self-deprecating name of 'Offbeat'. Although this choir only started in March, it has already grown to 19 members and they are working hard on their set list for the July performance. New members would be most welcome, assures Carol.

Upbeat! are perhaps best known for their Christmas concerts each December and they are doing one this year on Friday 2 December in the new hall. Hope to see you there!

Words and photo Paul Whittingham

SPOT Wellbeing pilot programme well received

The new village hall was the chosen venue for the six-week pilot programme funded by East Suffolk Council aimed at helping older people improve their physical and mental wellbeing. Along with nine others, I attended the Wednesday afternoon sessions, delivered by SPOT Wellbeing - a not-for-profit community interest company run by therapists and physiotherapists specialising in working with adults over 50.

Sessions started with some warm-up exercises which, I have to say, I found to be more than just moderate exercise and actually also tested my coordination ability! Other exercises followed as did minilectures on adopting a healthy lifestyle and diet. The social element was provided with tea and biscuits and conversations with people around the table. The pack of goodies we took away included two exercise resistance bands, a water bottle, activity information and advice guides.

Speaking for myself, I found the course to be useful in that it reminded me what I should be doing: more exercise (mental and physical), less sugar, less sitting....Now it's up to me (and the others) to put the messages into practice. If we take this seriously, it will have been money well spent.

> Richard Watkinson, Deputy Editor, Grundisburgh News

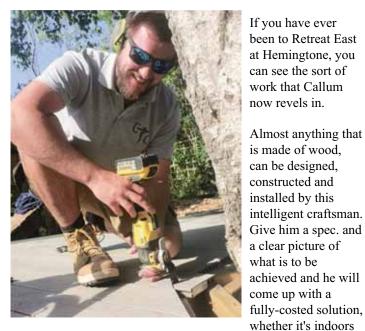
Andy Jolliffe of East Suffolk's Community Partnership reports that its next meetng in July will be discussing Spot Wellbeing and other ways to support local residents. We'll be sure to announce future events as broadly as possible throughout all the villages.



Woodworking excellence

Last autumn (issue 261) we featured an 'Infinity Curve', a large three-dimensional photographic device, designed and constructed from scratch in just five weeks by Callum the Carpenter for Summer Isle Films at Clopton. Quite a difficult task you might think but for Callum Moseley of Grundisburgh it was just another challenge to relish.

Callum's family has its roots in Great Bealings - his grandfather, Terry, still lives and works there - and Callum himself went to Bealings and Kesgrave schools, later training at Otley College. He started his eponymous business in June 2020, having honed his carpentry skills with the Warren Heath-based Really Good Carpentry Company.



or out and may or may not include stone, steel or woodwork. And the complexity or size of the job does not faze him - one recent job kept him busy for three months - others may take just a matter of hours/ days. This means that Callum sometimes works six days a week, leaving little time for his hobbies of motor racing (he is a motor engineer, too!) and video gaming - plus, of course, being daddy to sons Jaxon and Cody.

His wife, Eleanor, has started her own business of designing and creating

printed artworks and we aim to feature her in a future issue of The News. Clearly, a busy lifestyle suits this young family and the results are impressive!

Richard Watkinson

Lemonade

Collective

Since our last interview with Nicky Wilson (Summer 2021) her exercise and wellness business. Lemonade Collective, based at Barn Fitness in Grundisburgh has taken off to such an extent that it is now her full-time occupation. Nicky has always enjoyed physical exercise (running, hiking, kickboxing to name a few) and although she felt that she had never been the strongest or the fastest she recognised just how much exercise improved her mood and enabled her 'to be in the moment'.

Post pregnancy, Nicky really struggled to regain her prior level of fitness and it was only when she began a programme to restore her core strength that her fitness returned. She became interested in helping other women experiencing similar problems post pregnancy and developed her own Pregnancy and Postnatal Yoga and Fitness programme And so her business. Lemonade Collective, was born.

Subsequently, Nicky has seen an increased demand for help around weight loss with new mums, peri and menopausal women and she now offers a 12 week programme of Holistic Weight Loss Coaching. This is about building good habits and understanding the effect of diet on gut health, blood sugar and hormones. Nicky was delighted when one of her clients told her she was back to doing crosswords again as the programme had helped her mentally too.

Nicky also runs Strength, Stretch and Breathe evening classes to which mothers can bring accompanying teenagers (14 - 16 years) with a 50% fee reduction. One client reported



that her teenage daughter said it was the calmest she had felt after one of the classes. Nicky emphasises the importance of building core strength in all her courses and especially as we get older. She runs a Pelvic Floor and Core Workshop which works on muscle and bone strength, balance and coordination for functional living, essential for quality of life as we grow older.

All Nicky's courses are non competitive with everyone working at their own level on personal targets around time stations. She acknowledges that for many people memories of school PE lessons are quite traumatic and offers a completely different experience. For details of all courses (including on line) contact Nicky through her email or website: hello@lemonadecollective.co.uk www.lemonadecollective.co.uk Rosemary Kneebone

Photos top: Working outdoors on a decking project. Below: Finessing the complex of the Infinity Curve



what is to be

been to Retreat East

LOCAL ENTERPRISE



KAI PAVES THE WAY

"Working as a hotel or pub chef is a demanding job - being indoors and under pressure but it does imbue a good work ethic into youngsters" says Kai Cattermole.

Kai was apprentice chef at Ufford Park and later became Head Chef at The Cherry Tree in Woodbridge. But the Great Outdoors beckoned and at the age of 28 he decided to join his uncle in the building trade. When the opportunity arose, he took the plunge and decided to set up his own business as a landscaper and builder.

It's a big step, setting up as a sole trader and Kai praises his wife, Elizabeth, saying that she was extremely supportive, giving him the confidence to launch his business which he did on the day his son, Alfie, was born.

Kai's first job was laying a large and complex patio for a customer in Parham. Work subsequently flowed in and he has not looked back since, with most jobs coming through

word of mouth.

Where it is appropriate to bring in extra skilled or specialised manpower, like electricians or plumbers, Kai will do so to ensure jobs are carried out to a consistent quality level and within the timescale agreed with the customer.

He has done several projects in Grundisburgh, including a remodelling of my own garden paving - in good time for Hidden Gardens in June!

Kai wants to carry on his business in this area but not to expand to the point where he ceases to be happy and stressfree.

He regards quality of life as being essential for his family's well-being and when not laying patios or building home extensions Kai relaxes playing golf and indeed plays for Ufford Park in the Tolly Cobbold Cup. That and relaxing at home with his three children Laila, Leo and Alfie. Kai can be contacted on 07590077561 or email Kai@kc-landscaping.co.uk

> Words Richard Watkinson, photo Linda Plant



Left: Kai laying a patio, ably assisted by his brother, Daryl, and uncle, Paul Fitzpatrick. Above: A large garden project recently completed in Grundisburgh.

Pub updates

The Fountain, Tuddenham - 01473 785377

Tom and Ruth Carroll are the new owners of The Fountain and they have many exciting plans for the future. We will be featuring the changes in the next Grundisburgh News edition.

Barley Mow, Witnesham - 01473 785395

Quiz Evenings are held every other Thursday and live entertainment on some Saturdays. Food is served from Wednesday to Sunday.

The White Hart, Otley – 01473 890312

You can check opening times on Facebook or ring in advance. Food and drink served and there is always a Specials menu. They are closed on Mondays and Tuesdays and open lunchtimes and evenings on Wednesday, Friday and Saturday. Sundays they are open from 12 pm to whenever. The White Hart is a traditional pub, that caters well for its loyal customers, but they always welcome newcomers and can accommodate walking groups.

The Moon and Mushroom, Swilland – 01473 785320

A take away service is available every day of the week. In addition, Fish and Chips is a favourite option on Fridays, eat in or take away. Sunday roasts are very popular.

The Dog, Grundisburgh - 01473 735267

Pascal's food continues to delight customers at The Dog. It can be served inside the restaurent or outside in the open or in the marquee. A beer festival is planned for the Jubilee weekend. Pastries are provided daily for The Dog Deli.

The Turks Head, Hasketon – 01394 610343

They now close on Mondays and Tuesdays.

Fynn Valley Golf Club - 01473 785267

Breakfast and brunch available every day of the week. Booking advised at weekend. For the Summer months, Fynn pizza nights have returned and will be every other Friday.



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Our High Sheriff's year of office

Being a High Sheriff is an extraordinary and fulfilling experience, and an opportunity to learn about every aspect of Suffolk and what makes our county so special.

I spent a lot of my year working with the crown, county and coroners' courts; with the police to understand how criminals are pursued, how the impact of crime is minimalised and that there is deterrence in place to prevent any wrong doing, however great or small; with the probation service and the charities who helped the probation process; with the prisons, focusing not only on deterrence and restitution but also on rehabilitation: with charities who looked to support victims of crime and discrimination: with the health services and charities in order to support the concept of physical and mental wellbeing and dignity for all: and with charities and other organisations who work to ensure that no-one is left behind when it comes to the provision of education whatever the young person's needs; and this also lead to encouraging schools, colleges and employers to focus on making young people at the start of their careers work aligned and work ready.

Whether people involved in these causes are professionals or volunteers, they deserve

gratitude and encouragement from the whole county for the work they do, the way they do it, and the personal and public risks to which they constantly expose themselves. Volunteers are involved at every step of the judicial system - police cadets, police specials, town pastors, magistrates, witness support, prison visitors, care support and therapists to name a few. All these people are unsung heroes and the recognition of and thanks for the work they do is a critical aspect of a High Sheriff's role.

Charities form the unseen backbone of support for Suffolk when it comes to ensuring that everyone's physical and mental wellbeing is as good as it can be. The employees and staff who work for them are, to a woman and a man, extraordinarily selfless and generous people, and they do an outstanding job.

Of the charities who may need immediate support, I would single out FIND and the Suffolk Refugee Centre, both based in Ipswich and both led by wonderful people. During the next year they will be working flat out to provide protection from the spiralling cost of living and hope to the refugees arriving in Suffolk. They deserve all the support we can give them.

Edward Creasey, Burgh





Cleaning up Grundisburgh

We have always enjoyed walking in and around Grundisburgh watching the changing seasons, discovering new footpaths and meeting other walkers.



the lockdowns we decided to do something about it and so we bought a litter picker from William's Store which we now take with us on our walks. Sometimes we collect only one bag of rubbish but often it is two. The variety of litter has been interesting, ranging from empty wine bottles to a bundle of lottery tickets – though none a winner sadly!

> Collecting litter gives our walks a purpose and a sense of pride in our village. Of course not everyone is able or wants to collect litter but you can still do your bit. Help us to be part of the solution not the pollution .

However, during the last two years we have noticed a marked increase in litter, particularly in lay-bys, verges and field entrances. As we had more time to walk during Please take your litter home. Grundisburgh is a beautiful place to live in. Let's keep it that way!

Words Hugh & Linda Bridges Photo Peter Kendal



Tuddenham's Soup & Sweet Lunch

Tuddenham took a step towards normality on 2 April, holding the annual Soup and Sweet Lunch in the village hall.

There were a number of soups on offer, including Rineke's popular spicy tomato with meatballs, together with a variety of delicious desserts.



Over 30 people attended and the event raised more than £200 for church funds. Many thanks to Monica Pipe and her team for their hard work.

Words & photos Jean Ellinor

Checking the church windows

All the windows and their surrounding stonework in St Mary's Church in Grundisburgh are being assessed. This is probably for the first time in very many years, for their condition and to see if any repairs or replacement are needed. The work is being carried out by Devlin Plummer Stained Glass, a specialist glazier from



Norwich. There is still much assessment to be undertaken but with the reassurance that it is likely to be at least another 100 years before the windows need to be checked again.

Our thanks are endless to the far sighted villager who gave such a legacy to St Mary's to allow both the new toilets to be provided and the renewal of the windows to be undertaken.

> Words Clive Willetts, photo Peter Kendall

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SCOUTING NEWS

round the village green.

the way and finishing at Kesgrave.

Our Archery Team travelled down to

Many of our members attended the Mothers Day Parade in March and our flags were proudly displayed; the oldest flag with the brass wolf cub dates from the 1920s and is thought to be the only one in the district.

Grundisburgh Scout Group is looking forward to the Jubilee celebrations and we are taking part with our campfire event on the village green. Scouts have been delivering Jubilee leaflets in the village. The Cub Section did a litter pick

Some of our group took part in a weekend cycle camp with Kesgrave Scouts, departing on bikes from Essex staying two nights in village halls on

Hertfordshire with Kesgrave Scouts in early May for the National Archery Finals. They came back with three medals and three National Champion shields. Leland gained a medal for second place in his category, Toby and Eddie both gained a medal with shield. What a fantastic result!

Our Scout Duck Race is on Sunday 26 June on Grundisburgh Green with stalls open at 12.30 pm and the race at 3pm. Race tickets can be bought at Williams Shop, no 3 Postmill Crescent or on The Green on race day.

Unfortunately we have experienced a considerable amount of vandalism and damage to our buildings which has resulted in a lot of repair work, time and expense. Any information concerning this deliberate destruction or should anything be seen then please call us on 735352. It would be very much appreciated and also assist the Police with their enquiries.

Pat Ross, Group Secretary, 01473 735352



<section-header>

Grundisburgh Scouts' archery competitors.

1st Grundisburgh Brownies

We started our second term with all eight Brownies making their promise which they have worked towards since we re-opened the pack at the beginning of February. We celebrated by making owl cupcakes which we shared with the girl's families.

Last term we had an action packed programme learning about bees, communication and even trying our hand at Line Dancing. We enjoyed making pancakes, decorating



biscuits, 3D cards for Mother's Day and creating our own story to perform with puppets made from old socks!

This term we are working on our Big Hoot Badge in conjunction with the St Elizabeth Hospice's Big Hoot Trail. We will have lots of owl-themed activities throughout the term, hopefully ending with a trip to Ipswich to spot some of the owls!

We are looking for more girls to join us at Brownies so if you know of any girls between 7 and 10 1/2 who would like to join in the fun on a Tuesday evening at Grundisburgh Village Hall in Grundisburgh, please get in touch with us on <u>Grundisburgh.brownies@outlook.com</u>

Caroline Bell (Brown Owl) & Sharon Proctor (Tawny Owl)

TRIBUTES

Priscilla (Prilly) Taylor 1949 - 2022

Prilly was the daughter of haulage operator Leslie Carter and lived all her early life in Bromeswell and Melton. Educated initially at Everton House School in Ipswich, she later went to study at Bransons College in Playford. Prilly married local farmer Richard Taylor in 1968, initially living at Mill Cottage in Burgh and moved to Grove Farm, Clopton, in 1970.

Prilly was a keen sportswoman: fly fishing, badminton and golf, playing at Woodbridge holding a respectable 13 handicap. Prilly had a love of entertaining at Grove Farm, both hosting and catering for parties which family and friends enjoyed.



Prilly and Richard dressed in period style for a 1940s dance

In the 1990s Prilly became a Samaritan using all her communication skills to help others, starting as a volunteer call taker, working day and night shifts. She was soon recognised as a high flyer, moving up the ranks and becoming a director for the Ipswich Branch. Prilly was heavily involved in the Friends of the Samaritans funds raising. In the early 2000s Prilly decided to start up a business. 'Dolphin Pool' utilising a redundant swimming pool at the end of the garden. This became so successful she had a

waiting list of 18 months. The business is now franchised to 'Iswim' and still going strong.

Richard and Prilly, together with a handful of volunteers, began the 493 Bomb Group Museum. Every exhibit was handpicked by Prilly at various military or antique fairs with some welcome donations. She organised 1940s dances with an open day the following day with over 2000 visitors. The following week she would transform the dressed 1940s hangar into an ABBA or Queen tribute dance. These had an attendance of over 650 with guests travelling from all over the country, with many campers staying over the weekends.

In recent months, Prilly would have been seen riding her red disability scooter 'Enzo' around the lanes of Clopton, insisting on walking the dog and getting some fresh air. Prilly leaves her husband Richard, children John and Annabel together with her three grandchildren Robert, Philippa and Andrew who all still live locally. She will be sadly missed by all. Her 'Celebration of Life' service had Grundisburgh Church filled to the rafters.

Annabel Hicks, Prilly's daughter

The Honourable Jill Ganzoni 1931 - 2022

Jill Ganzoni, who has died aged 91, was described in her East Anglian obituary as a philanthropist. She had been an anonymous donor to many charities and 'good causes'. Her father was MP for Ipswich between 1914 and 1938 when he was appointed to the Lords and took the title Belstead where they lived. Her brother John, to whom she was very close, succeeded to the title.

When she left school, Jill took up voluntary work, joining many charities and



Cutting the tape to open the John Belstead Playing Field, attached to Bealings Village Hall, in May 2008

organisations. She helped out with the Red Cross, assisted in SPCK bookshops and got involved with churchwork. Religion was always an important part of Jill's life.

She did much work with the Suffolk Historic Churches Trust including helping to launch the annual cycle ride which raised more than 5m over the years. She became a Lay reader, joined the General Synod in 1982 and in 2007 was awarded the Cross of St Augustine by the Archbishop of Canterbury at a ceremony at Lambeth Palace, marking her 25 years' service.

Jill was also on the Diocesan Synod and in 1997 she was recorded as being on no less than 15 of their committees and she was the Deanery Synod rep for Playford.

Jill lived in Spring Meadow in Playford for some 16 years. During that time, she was a member of the WI and served on Playford Parish Council from 1999 – 2006. Her Suffolk rusks were renowned at WI teas. She gave a generous donation when the village hall needed refurbishment and opened the newly extended hall in 2003.

It was through the Ganzoni Charitable Trust that Jill was able to suppory many charities in Suffolk and, together with a similar trust set up by her brother, she was able to help a huge range of causes. She was also appointed as a Deputy Lieutenant of Suffolk.

Jill had moved to a bungalow in Woodbridge before illness struck and she had to go into a care home for her last 11 years. There Jill became a spokesperson for the residents, taking up any issues on their behalf with the management and generally sorted things out for them. She continued to enjoy visits from her many friends – one had to make an appointment to see her as she was so popular!

> Based on information from Marian Hedgely, Jill's goddaughter. Photo kindly provided by the Fynn Lark News.

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SPORTING NEWS



Serving up sunshine at Grundisburgh Tennis Club

The tennis courts in Grundisburgh have been buzzing with activity since the start of the new season. The dry sunny weather and the Easter holidays have brought new players to the courts and existing members have been taking the opportunity to play more often.

There are opportunities for people of all levels and ages, from beginners to the more experienced, competitive players. Many of our members enjoy coming along to the regular club sessions which are very relaxed and sociable. Others prefer to start with some coaching from our award-winning LTA accredited club coach, Carl Douglas. He has just started a new evening course at Grundisburgh Tennis Club called 'Ladies Pair and Play' in addition to his perennially popular Tennis Xpress courses for adults and his junior and youth courses.

You can try out our lovely courts by booking a court online or take advantage of our amazing annual memberships with juniors paying just £20 for a year's membership and adults just £55.

Anne Lee

Close finish to indoor bowls contest

Apart from a few weeks lost to Covid, Grundisburgh Bowls Club members completed another season at Felixstowe Leisure Centre. Six teams competed for the Stan Kirsop



The winning team (left to right): Hugh Bridges, Mary Tomlinson and Roger Anderson.

Trophy, named after a distinguished former member of the club.

The competition was settled only on the last couple of ends

on the final day with the eventual winners being Hugh Bridges, Mary Tomlinson and myself.

We would happy to increase the number of teams in the league if more people are interested in joining us. We play from October to April on Wednesdays between 2.30pm and 4.30pm.

Roger Anderson, 01473 738538, roger637@btinternet.com



"Please remember me". This oil on canvas depicts a powerful image of a woman embracing an impoverished child. It is a statement about how a person's birthplace will shape the way we grow up and

Traffic Report

Local villages continue to share knowledge, data, expertise and enthusiasm in order to improve road safety across the area. As the year progresses, residents will see more Speed Indicator Devices (SIDs) in villages thanks to funding from the East Suffolk Community Partnership (ESC).

There will be more

Speedwatch events and Road Safety Week will return for a second year. Tuddenham now has its own Speedwatch device and signs enabling more that all children need to be thought about and loved. Culpho artist Paul Bruce will be exhibiting a collection of paintings on this theme at this year's Suffolk Show.

Paul has written a few poignant sentences to encourage the reader to pause and reflect that life is fragile in many parts of the world: *Where did I come from? What am I doing here? Please protect me from famine and fear. And let us think ourselves grateful for what we have here.*

*Linda Plan*t

frequent sessions and a new SID will be managed between Little Bealings and Playford to encourage speed reduction in both areas.

The safer village driving community group (SAVID) continues to work alongside the East Suffolk community partnership to address road safety concerns around our member villages.

Pauline Procter, SAVID chair, paulineprocter@btinternet.com and Andy Joliffe East Suffolk Council, andrew.jolliffe@eastsuffolk.gov.uk

The News needs someone to find information for the editor, particularly in the days leading up to going to press. Anyone who could spare a small amount of time please contact Nicola Hobbs (editor@grunews.com) or Richard Watkinson (deputyeditor@grunews.com).

The News needs a new Distribution Co-ordinator

We already have a distribution system and a loyal group of volunteers who take the magazine around our villages. We now need someone to replace Stephen Cooper to liaise with them. If you could be part of our team, please contact Stephen at distribution@grunews.com

About The News www.grundisburghnews.org.uk

Grundisburgh & District News is a free community magazine produced by volunteers. Around 3,000 copies are distributed to homes and a range of central locations in Grundisburgh and 17 other villages (as listed below the banner on the front page). Four issues a year are published.

Contributions, comments and ideas are welcomed: Send to Ford House, The Green, Grundisburgh IP13 6TA, editor@grunews.com. All issues are included on our website www.grundisburghnews.org.uk. Information for inclusion can be supplied on paper or email.

Photos can be sent as JPGs (but not embedded in Word documents) or as prints. If prints are to be returned please include an addressed envelope.

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ADVERTISING RATES

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1/8 page (w.92mm x h. 66mm)	£50
1/4 page (w.92mm x h.136mm or w.190 x h.66mm)	£110

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Local organisations advertising fund-raising events are charged at half the normal rate.

A small charge is made for originating artwork.

Adverts for next issue to be sent by 3 August to Peter Kendall, Ford House, The Green, Grundisburgh, IP13 6TA, 01473 738267, adverts@grunews.com. Earlier booking is recommended as space is limited.

PLAY FOR TODAY

If you or your children grew up in the Grundisburgh area in the last 20 or so years, you will no doubt know the play area by the football pitch. Last year, the Grundisburgh Playing Field Management Committee decided that it needed a significant refresh - but were not entirely sure what was required.

In April 2021, along came Emma Dixon from Burgh who, as well as being a local parent, had previous experience of developing play areas. She had worked for Great Yarmouth Council and had responsibility for 86 playgrounds and skate parks. This included writing a play strategy for the East of England. Then the chair of Friends of Grundisburgh School, who better to help with an expansion and refurbishment of the local playground?

The first task was to find out what children actually wanted. The existing apparatus was aimed at under 7s, so there was not much to interest older children. Surveys were conducted at the primary school, cub scouts and online through Survey Monkey, showing children different types of equipment for them to vote upon.

Having identified what was needed, the expansion of the site required planning permission and the parish council submitted a successful application based on Emma's proposals.

Then came the fundraising. Viridor, the waste management company, has funds for helping community schemes and an application was made to them. Viridor generously gave nearly





£50,000 to the project. Other donations came from East Suffolk Council and Grundisburgh Horticultural Society, among others. Katie's Garden supplied the plants which now adorn the playground, at a generous discount.

The new playground was formally opened in April so the whole project was effectively designed, funded and completed in 12 months - a great achievement.

As always, there are many people who have helped with this project but in addition to Emma, special mention should be made of Richard Garnham, chair of the Playing Field Management Committee, Chris Above: The official opening, from left, Richard Garnham, district councillor Colin Hedgley, county councillor Elaine Bryce and, cutting the ribbon, Councillor Letitia Smith, Cabinet Member for Communities, Leisure and Tourism at East Suffolk Council. Left Richard Garnham and Emma Dixon with her 'thank you' bouquet.

Doorly and Catherine Laxton from the horticultural society, and Susie Davis from Katie's Garden. Now over to the local children to enjoy it!

> Words Paul Whittingham, photos Peter Kendall

Family fundraising

The Langdon family in Grundisburgh has been raising money for the Anthony Nolan Foundation. Heather held a cake stall on the Green on 30 April and raised £776, which included a donation of £120! All in all, with Gift Aid, they have raised £1,396 for the Foundation.

As we go to press, son David has raised a further £4,325 for the Foundation through sponsorship of his forthcoming 'Ride London' bike ride on 29 May.

Clearing unexploded bombs in Ukraine

Grange Farm Shop in Hasketon is raising money throughout this summer for the HALO Trust's work in Ukraine. This is keeping people as safe as possible from unexploded ordnance. Owner Will Longe worked for HALO for 10 years, much of it in Afghanistan.

"HALO has 400+ Ukrainian staff saving lives, delivering medical supplies and keeping people as safe as possible from the debris of war" he says.

Grange Farm's next event in aid of HALO's work in Ukraine is Saturday 2 July

Meantime Will asks people to spare five minutes to watch https://youtube/cxhAhgXZ0yc

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